



THE RIVER WEEKLY NEWS

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Vol. 17, No. 21

From the Beaches to the River District downtown Fort Myers

MAY 25, 2018



A display for Augmented Reality

photo provided

Computer-Generated Experience At Alliance Gallery

Alliance for the Arts' one-of-a-kind June exhibition, Augmented Reality, will bring computer-generated objects into the real world from June 1 through 23. There will be an opening reception on Friday, June 1 from 5 to 7 p.m. and an artists talk on Saturday, June 9 at 6 p.m.

Augmented reality, or AR, superimposes computer-generated images over a user's view of the real world, thus enhancing one's current perception of reality. The gallery walls will be blank, leaving the exhibition only to be viewed through a free Alliance app through the App Store. Gallery-goers will use a phone or tablet to produce augmented

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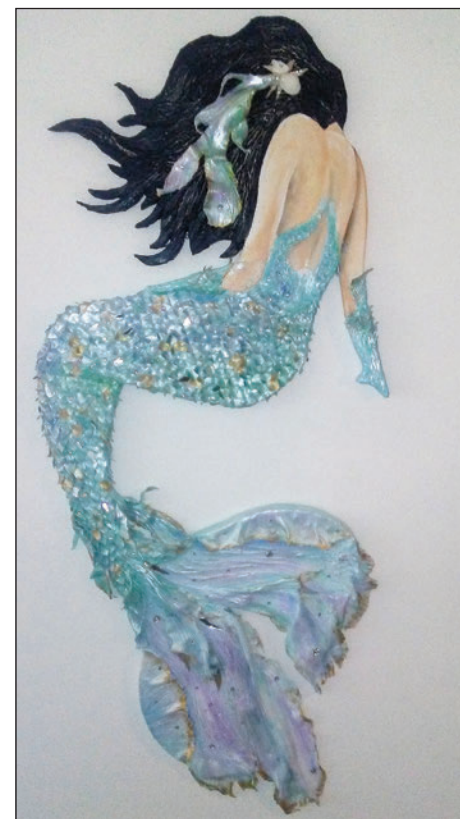
Downtown Gallery To Host Artists Reception

Arts for ACT Gallery will host an opening reception and meet-the-artists session on Friday, June 1 from 6 to 10 p.m. during Fort Myers Art Walk. This month, artist Rey Lorenzo will exhibit mermaids and other original works in the main gallery, while Joe LeMay will display his artwork in the white gallery. There will also be new works by over 25 co-op artists.

For over 35 years, Lorenzo has worked professionally as an artist, specifically on residential and commercial art projects pertaining to original art and murals. His forte is in acrylic paints with vibrant colors and textured surfaces. He has a line of artistically hand-painted furniture and an acrylic painted and polymeric clay textured canvas line.

Lorenzo loves the ability to create new and creative artwork that helps enhance the environments for his clients. His art is comprised of a vibrancy of colors and textures along with the use of a multitude of jewels, rhinestones, clay, glass and tile pieces to create and to help add dimension to his canvases.

Born and raised in the Midwest, LeMay made the move down to Southwest Florida in 1998. In 2004, he



LB by Rey Lorenzo

image provided

went to study art in Savannah, Georgia where he graduated with a bachelor of fine arts degree in illustration from the

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X Marks The Spot For Juried Exhibit



Jumping at Shadows by Karen Gozzo Nolan
images provided

Artists who were invited to explore the theme X in honor of the Sidney & Berne Davis Art Center's 10th anniversary season will have a chance at winning cash prizes for Best in Show, SBDAC Pick or People's Choice. Two of the awards will be revealed at the June juried exhibition



Camping Trip by Shane Antalick

opening during Art Walk on Friday, June 1 from 6 to 10 p.m.

Icons have power. They evoke memo-

ries, experiences and information stored in the collective unconscious. The icon X is evocative of many different meanings.



Sunset in Paradise by Shannon Holland

X marks the spot. X speaks of intersections. X is numeric. X is the most controversial rating. X indicates elimination. X is where we sign. X is how we sign. X signals a choice made. X is a variable. X expresses the power of magnification. X is marked of an unknown identity.

Artists have submitted statements

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Historic Downtown Fort Myers, Then And Now:

New Home In Monroe Heights



by Gerri Reaves, PhD

One of the many residential subdivisions developed in the 19-teens was Monroe Heights, owned by the Carl F Roberts Co.

Located only a block or so from the Lee County Courthouse, the subdivision bordered Anderson Avenue (today's Dr. Martin Luther King, Jr. Boulevard) on the north and extended south between Monroe and Cottage streets. The new subdivision built up fast, despite its proximity to lumber yards and railroad activity.

Both Carl F Roberts and Fort Myers Lumber Companies were located on the east side of Monroe. Rail lines ran along Peck Avenue (now named Widman Way) and north on Monroe to the passenger and freight depots and to the waterfront packing houses.

Not only private homes were built in the subdivision. There were also rental properties in the form of small bungalows and two-story houses with all modern conveniences.

On the aptly named Cottage Street were mostly small one-story structures.

In September 1910, the Carl F Roberts Co. sold a Monroe Heights lot to Mary Norwood Foxworthy for \$600.

Pictured in the historic photo is the house she and husband Boyd Clifton "BC" or "Cliff" built on that lot on the west side of Monroe midway between Peck and Union Street. The barren landscape and lack of neighboring houses indicates that it was taken soon after construction.

In the photo are, from left, daughter Eloise Nute Foxworthy on the steps, Cliff Foxworthy, Mary Norwood Foxworthy and Lucretia Nute "Mame" Turner.



Cliff and Mary Foxworthy purchased a lot in Monroe Heights in 1910. Pictured soon after construction of their home are, from left, daughter Eloise Nute Foxworthy, Boyd Clifton "Cliff" Foxworthy, Mary Norwood Foxworthy and Lucretia Nute "Mame" Turner.

photo courtesy Florida State Archives



The Foxworthy's home site on Monroe Street is now part of a large parking lot

photo by Gerri Reaves

The subdivision grew fast and, within several years, family homes lined Monroe and Cottage. Among the Foxworthy's neighbors on Monroe in the mid-19-teens were the families of W Stanley Hanson and John E Morris.

Indicative of the subdivision's quick development is that in June of 1911, Walter F Mickle was already "flipping" his new six-room house and lot in Monroe Heights.

Among the selling points were a well with soft water (no small thing in Fort Myers, where unpalatable sulphur water predominated), concrete sidewalks and city water just a block or so away. The ad also claimed that the house was located at the city's highest point, something to consider in a flood-prone area.

Although he was living in a modern new subdivision, Cliff Foxworthy qualified as a Fort Myers pioneer. One of four brothers who settled in Fort Myers, he came from Kentucky in the winter of 1899 to 1900.

He worked for his brother James E, who had come to town in 1893 and owned a First Street clothing store. After three years, Cliff returned to his home state, worked in his father's mercantile business, and served as postmaster of Mt Carmel – a significant position since he was the third generation in his family to serve as a postmaster in Kentucky.

When he returned to Fort Myers in December 1909, he briefly worked with his brothers James and Isaac E "Ike" before becoming assistant postmaster and subsequently running the collection department of the new Bank of Fort Myers. He also, by that time, had married Mary Norwood Turner and daughter Eloise had been born.

In the early 1920s, Cliff was postmaster in Fort Myers, but resigned to go into the furniture business.

To sum up a business success story, the partnership of Foxworthy & Lee evolved into Foxworthy Furniture, a process that included relocations, dissolution in the Great Depression and the founding of Foxworthy Furniture in 1935.

Cliff was also involved in local politics and is credited with getting – through relentless personal appeals to the Hoover administration – the \$210,000 federal appropriation for the 1933 post office on First Street, today's Sidney & Berne Davis Art Center.

Homes in Monroe Heights, like the Foxworthy's, gradually disappeared over the decades only to be replaced by parking spots.

Walk down to Monroe Heights and see the vestiges of a brand new subdivision that teemed with proud families a century ago. Then visit the following two research centers to learn more about how most of Monroe Heights became parking spots.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society and *The News-Press*.✧

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Publisher
Lorin Arundel

Advertising Sales
Bob Petcher

**Graphic Arts/
Production**
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers
Jennifer Basey
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Cobress

photo by Jesi Cason Photography

Downtown Brewery To Host Babefest

Bands, vendors and food trucks will be taking over Millennial Brewing for Love Your Rebellion's Babefest on Friday, June 1 from 6 p.m. to midnight. Live music will be performed by The Young Dead, Cobress, the Txlips, and more. Vendors will be on hand from all over Florida as well as food trucks. Celebrate diversity in music, art, craft beer

and more at this eclectic music and arts festival. The third annual LYR's Babefest is Florida's only diversity-first music festival that celebrates inclusion in the arts. Tickets are \$15 per person. Babefest is the brainchild of Love Your Rebellion founder Angela Page. It is sponsored by Millennial Brewing, Jet Live Events, Nice Guys Pizza, Joe's Records, Carbon Press, the Green Cup, Kava Culture and Remedies Parlor. Millennial Brewing Company is located at 1811 Royal Palm Avenue in Fort Myers. For more information, visit www.loveyourrebellion.org.

Street Artist To Exhibit At Davis Art Center



Artwork by Brian Weaver

image provided

Street artist Brian Weaver is bringing his new series 14k Savage to the Sidney & Berne Davis Art Center. The opening reception will be held during Art Walk on Friday, June 1 from 6 to 10 p.m. in the Grand Atrium and Capital Gallery. 14k Savage is a provocative examination of how money and greed impact the environment and humanity. Each piece explores how money has

taken over all the aspects of our lives without regard for the future of the planet and the human race. The show will feature a combination of art on canvas and installations. This exhibition will be on display through June 26. The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Visit www.sbdac.com or call 333-1933 for more information.

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Edison and Ford Winter Estates

Estates To Admit Veterans Free On Memorial Day

To honor the men and women who have served our country, Edison & Ford Winter Estates is offering free admission to United States veterans and their immediate family members on Memorial Day, May 28. Free admission includes a self-guided audio tour of the historic homes, gardens, laboratory and museum.

Veterans also will receive a 10 percent discount on retail items purchased in the Museum Store, Ford Cottage Shoppe, Garden Shoppe and Edison Ford Shoppe at Bell Tower Shops.

To receive free admission, veterans must present a VA identification card or their DD214 papers.

In addition, Edison Ford is a Blue Star Museums member and offers free admission to active duty military in the Army, Navy, Air Force, Coast Guard, Marines, National Guard and Reserve, U.S. Public Health Service Commissioned Corps and NOAA Commissioned Corps when presenting a Geneva Convention Common Access card (CAC), a DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonfordwinterestates.org or call 334-7419.*

photo provided

Collection Event For Love That Dress! Set For June 5



The 2017 Sunset event at Summerlin Jake's raised 25,000 for PACE

photo provided

An exclusive trip to the American Music Awards and a private Costa Rican villa rental for 10 are among the fabulous items being auctioned at PACE Center for Girls, Lee County's next fundraising event at St. Charles Yacht Club on June 5 from 5:30 to 7:30 p.m.

Sunset at St. Charles Yacht Club, a Love That Dress! collection event, includes smooth jazz and Latin sounds by Marc Vee, silent and live auctions, signature drinks and light bites as well as incredible prize drawings. Guests are can choose from a specially crafted dinner menu after the event, which is a special treat since dining at St. Charles Yacht Club is a benefit of club membership.

The live auction features one-of-a-kind items and experiences, including: 2018 American Music Awards experience: package includes two mezzanine seats at the Microsoft Theater in Los Angeles for the October 9 awards show, a two-night stay at the Beverly Wilshire, Beverly Hills (a Four Seasons hotel) and two tickets to the Grammy Museum.

2019 Yankees vs. Red Sox VIP

Luxury Suite Experience: package includes a two-night stay at the Muse Hotel in Midtown Manhattan and two tickets to the game (2019 game date to be determined) in a fully catered luxury suite. The experience also includes a question-and-answer session with a former World Series Yankees player and an autographed photo.


Costa Rican resort stay: package includes an eight-day, seven-night stay at a private hilltop home near Mal Pais with five oceanview, private suites. The home can accommodate 10 guests and includes an infinity-edge swimming pool and jacuzzi.

Tickets are \$25 per person, or \$20 with the donation of a gently loved dress. Event sponsors include: Sanibel Captiva Community Bank, Stilwell Enterprises, Bateman Contracting, Domino's Pizza, Richard and Sandra Heinrich, M. Elizabeth Byck and Dorothy Fitzgerald.

St. Charles Yacht Club is located at 15900 St. Charles Harbour Boulevard in Fort Myers. To purchase tickets, visit www.lovethatdress.org.*

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Fort Myers Art:

Nine Shows In Florida Rep's 2018-19 Season



by Tom Hall
Florida Repertory Theatre will begin its third decade of producing nationally recognized, professional theater in the Fort Myers River District with its 2018-19 season. Set to open

September 21 and run to May 5 in the Historic Arcade Theatre and ArtStage Studio Theatre, the nine-show season includes two musicals, multiple comedies, a modern American classic, a southeastern United States premiere and a world-premiere adaptation of Charles Dickens' *A Christmas Carol*.

The 2018-19 season features five productions in the 393-seat Historic Arcade Theatre and four in the intimate 120-seat ArtStage Studio Theatre. It kicks off with the one-woman tour-de-force *Becoming Dr. Ruth* by Mark St. Germain – whose farce, *George Washington's Teeth*, closed the current season on May 13.

Also featured in the season is *Million Dollar Quartet*, Broadway's rock 'n' roll sensation; *Native Gardens*, one of the hottest new comedies in the country



Tickets go on sale July 17 for Florida Repertory Theatre's 2018-19 season

photo courtesy www.artswfl.com

right now; *Tenderly*, a salute to jazz icon Rosemary Clooney; August Wilson's *Fences*, the Pulitzer Prize and multiple Tony Award-winning modern American classic fresh from a Broadway revival and Academy Award-winning film adaptation.

Florida Repertory Theatre's 21st season also includes two brand new plays as part of its ongoing efforts to develop new works and nurture playwrights. Opening November 9 in the ArtStage Studio is *Damascus* by Bennett Fisher, an electrifying psychological thriller that was read as part of Florida Rep's 2017

PlayLab. Opening November 30 in the Historic Arcade is a new adaptation of Charles Dickens' *A Christmas Carol* by Mark Shanahan, whose play *The Dingdong* had its regional premiere to critical acclaim at Florida Rep in 2016. Shanahan is a Broadway actor, regional theater veteran, and a familiar guest director at Florida Rep, who most recently helmed *How the Other Half Loves* earlier this year.

"We are delighted to be celebrating the beginning of our third decade with this very exciting season," said Interim Artistic Director Jason Parrish. "This diverse lineup of plays and musicals, both classic

and contemporary, will break new ground for the theater, introduce many new faces and, of course, showcase our ensemble of artists in a variety of roles. It is particularly exciting to be taking on one of August Wilson's American Century Cycle plays that will introduce Florida Rep audiences to one of the great 20th century American playwrights. Our 21st will be a season of new beginnings, and we hope you'll join us."

Florida Rep's weeknight performances (Tuesday through Thursday) in both venues will continue at the earlier 7 p.m. curtain time instituted last season. Friday and Saturday evening performances will begin at 8 p.m., with matinee performances on Wednesday (Arcade), Thursday (ArtStage), selected Saturdays, and Sunday continuing at the popular 2 p.m. curtain time.

Subscriptions start as low as \$150 for six plays and offer the best seats and the biggest savings. Packages for nine, eight, seven and six shows are on sale for both new and renewing season ticket holders through the box office at 332-4488. Single tickets are priced at \$55/\$45 for regular performances and \$35/\$25 for previews, and will go on sale July 17 through the box office and online at www.floridarep.org.

Florida Repertory Theatre performs in the Historic Arcade Theatre and the ArtStage Studio Theatre on Bay Street between Jackson & Hendry with limited free parking in the Fort Myers River District. *Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

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American oystercatchers

photo by FWC's Andy Wraithmill

Mound House To Offer Shorebird Program May 30

Biologist Britt Brown of the Florida Fish & Wildlife Conservation Commission will lead a birding program on Fort Myers Beach on Wednesday, May 30 at 9 a.m. The program is timed to observe

the shorebirds that nest and raise their young on Southwest Florida beaches. Participants will observe and learn about birds including the snowy plover, Wilson's plover, least tern, black skimmer and American oystercatcher. The program costs \$10 per person. Bring binoculars, camera and water. Meet at the Mound House at 451 Connecticut Street on Fort Myers Beach. A shuttle will be provided to the birding site. Reservations are recommended. Call 765-0865.*

National Women Build Week Nets Three Homes

Last week, Habitat for Humanity of Lee and Hendry Counties and Lowe's hosted the annual National Women Build Week from May 5 to 13 where women volunteers and Habitat homeowners united nationwide to build up their communities and gain skills in home construction.

National Women Build Week encourages women nationwide to devote at least one day to help build decent and affordable housing in our local communities. Women have the strength and determination necessary to build Habitat houses, addressing the problem of affordable housing in a concrete way so that families can achieve stability and independence through safe, decent and affordable homes.

This year, Habitat Lee and Hendry built one new house and rehabbed two houses for three local families helping to provide a total of seven children a safe and decent home. One house is in Cape Coral, one is Harlem Heights and one in San Carlos.

"Since 2011, Habitat for Humanity of Lee and Hendry Counties has been uniting strong women volunteers of all experience levels in our community to build or repair homes alongside our hardworking, empowered Habitat homeowners," said Elisha Baird, Habitat



Women and men gathered at the Habitat Women Build house in Cape Coral to participate in National Women Build Week

photos provided

Lee and Hendry County program director.

Lowe's helped launch National Women Build Week in 2008 and has brought together more than 117,000 all-women construction volunteers to build or repair homes with nearly 5,000 families over the past 10 years. This year, Lowe's donated \$2 million to Habitat for Humanity to support the 2018 National Women Build Week, and provides how-to clinics at stores to help equip women volunteers for the builds. Since 2003, Lowe's has committed over



Women participating in National Women Build Week learned how to lay flooring at the Habitat Women Build Cape Coral house

\$30 million to Habitat for Humanity International and helped more than 6,500 Habitat families improve their living conditions.

Both women and men of all experience levels can participate by signing up to volunteer at Habitat4Humanity.org or by joining

the conversation online. As part of National Women Build Week, Lowe's and Habitat are activating a social movement to generate conversation about building one another up and sharing the message of women empowerment, positivity and action by using #BuildHer and #WomenBuild.✱

Sales At Hope Chest Stores

To celebrate the expansion of their North Fort Myers location and the debut of its new home furnishings department, Hope Chest Resale Stores in Bonita Springs and North Fort Myers are offering shoppers 50 percent off the price of most items purchased Friday, May 25, Saturday, May 26 and Monday, May 28.

The North Fort Myers Hope Chest store has added 7,000 square feet of retail space designated for home furnishings, including furniture, lighting, silk flowers, artwork and other home décor.

Hope Chest stores also feature designer brand clothing and accessories, sporting equipment, antiques and unique collectibles. No coupons are necessary for the sale, and some exceptions may apply.

Proceeds from Hope Chest benefit unfunded programs and services of Hope Healthcare, which provides exceptional care and support to individuals and their loved ones as they fulfill life's journey.

Hope Chest Resale stores are open 9 a.m. to 5 p.m. Monday through Friday and 9 a.m. to 4 p.m. Saturday.

Hope Chest at The Crossings is located at 28520 Bonita Crossings Boulevard. Hope Chest in North

Fort Myers is located at 13821 North Cleveland Avenue. For more information about volunteer opportunities or donating items, call 482-4673 or visit www.hopehcs.org.✱

HTAP Receives \$5,000 Grant

Human Trafficking Awareness Partnerships (HTAP) is proud to be chosen by Wells Fargo for a \$5,000 grant. Wells Fargo has supported HTAP and its program for a number of years.

The funding will be used to support HTAP's youth programs in the schools and its ARTREACH program conducted in after-school and summer programs. HTAP is dedicated to educating and empowering children to learn how to protect themselves from the danger of human trafficking. It teaches students how to create art which expresses what they have learned about trafficking which is then exhibited around the area.

ARTREACH programs will be made available at eight community organizations this summer thanks to the efforts of Human Trafficking Awareness Partnerships and the support of groups like Wells Fargo.

For more information, contact Nola Theiss at info@humantraffickingawareness.org or 415-2635.✱

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Along The River

Fleamasters Fleamarket will hold its annual **Watermelon Festival** to celebrate the summer harvest season this weekend from Friday, May 25 through Sunday, May 27.

Participants can participate in or view a watermelon speed-eating and seed-spitting competition. There will also be a community showcase exhibition area, live entertainment, skill games, stilt walker, balloon animals and, of course, plenty of delicious locally grown watermelon. New this year is a cow milking contest for children ages 12 and younger.

The crowd-favorite watermelon speed-eating contest will be held on Sunday at 2:30 p.m. Sign up at the event. The registration table opens at 1 p.m. The entry fee is \$10 for adults and \$7 for youth ages 16 and younger. All entrants receive a complimentary Watermelon Festival T-shirt, while supplies last.

Fleamasters Fleamarket is located at 4135 Dr Martin Luther King Jr. Boulevard in Fort Myers. For a complete schedule and more information, visit www.fleamall.com.

ReptiDay, the one-day reptile show and sale, will be held at **Crowne Plaza Fort Myers** this Saturday, May 26 from 10 a.m. to 5 p.m. The Repticon team will feature many vendors with live animals from around the world. You can purchase pets and pet products direct from the experts at great prices and learn more about reptiles and exotic animals at live seminars and demonstrations.

General admission tickets are sold at



A previous watermelon speed-eating contest

the door throughout the event. Cost is \$10 for adult, \$5 for ages 5 to 12, while ages 4 and younger are admitted free.

Crowne Plaza Fort Myers is located at 13051 Bell Tower Drive within Bell Tower Shops in Fort Myers. For more information, visit www.repticon.com/florida/reptiday-ft-myers.

239 Summer Underground Fest will be held at **Beach Records** beginning at 3 p.m. this Saturday, May 26.

The festival will feature a free lineup of visual/musical artists of all different styles from all this area code as well as south Florida in general. Music will be performed by Joshua Creek, Pocket of Lollipops, Demigod Duo, The Glow

of Streetlights, John Wayne Gretzky, Unblockablelowchop, DUB EKOMS/Wading Birdz, Ghost Pepper, Spoken Spittas, Nodding Off and Last Minute Customer. Visual arts will be provided by Brooke V, Mengyao Xiong, Alex Bowman, Tryptamine Queen and James Zissou.

Beach Records is located at 16120 San Carlos Boulevard, Unit 10 in Fort Myers.

All Faiths Unitarian Congregation will host **Cottondale Swamp**, a Florida Swamp Rock, Southern Americana, Outlaw Country Band from Weeki Wachee, Florida, this Saturday, May 25 at 7 p.m.

Cottondale Swamp is fronted by Kenny Grube, who has been an Elvis Tribute artist for the last 10 years and has an authentic southern drawl. The concert is sponsored by the American Community Music Association (ACMA). Cost is \$15 for the general public and \$10 for ACMA members.

All Faiths Unitarian Congregation is located at 2756 McGregor Boulevard in Fort Myers. For more information on the

photo courtesy www.fleamall.com

band, visit www.cottondaleswamp.com.

Local veterans are encouraged to attend the 8th annual **Tribute to America's Heroes** hosted by the City of Fort Myers at **Centennial Park** this Sunday, May 27 at 7 p.m.

The Memorial Day Weekend ceremony will commemorate the 100th anniversary of the end of World War I. This is a free, public event and everyone is invited to participate in this recognition of the men and women who have given the ultimate sacrifice for our country.

NBC-2 anchor Clay Miller will serve as emcee of the event, and the Fort Myers Fire Department will be onsite with a ladder truck displaying the American flag. The American Red Cross will be accepting donations for deployed troops.

The ceremony will include presentation of colors and musical accompaniment along with a wreath laying, rifle salute and a flyover at the conclusion of the evening.

Centennial Park is located at 2000 West First Street in downtown Fort Myers.*

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Library Summer Reading Program

The Lee County Library System's summer reading program, **Libraries Rock!**, will celebrate the joy of reading from May 29 through August 11 with weekly programs designed to spark curiosity and engage library users of all ages.

Libraries Rock! Bingo provides adults with opportunities to win prizes, such as books and gift cards, while exploring library resources. All locations will continue to offer adult programming throughout the summer, which includes a variety of topics such as crafting, genealogy, business workshops, book discussion groups and gardening programs.

Students in grades K-12 are encouraged to participate in programs such as escape rooms, cooking workshops, storytelling, reptile shows and magic shows. Special events start the week of June 11. Additionally, all branches will offer a summer storytime schedule for children from newborns to preschool age. Storytime focuses on early literacy skills

that prepare our youngest patrons for a lifetime of learning. All children and teens who participate in the summer reading program or summer storytimes can choose a free book to take home and keep. All programs are free to the public but may require advanced registration due to limited space.

An estimated 10,000 children participate in the Lee County Library System's summer reading program each year. The library is able to extend the reach of its 2018 program through donations from the Friends of the Library, Potash Foundation, Edison-Fort Myers Kiwanis and the Rotary Club of Fort Myers South. Library staff will visit campers at participating Lee County and City of Cape Coral Parks and Recreation camps, and the Bookmobile has added stops to its summer schedule. All children participating at these locations will be able to participate in Libraries Rock!

For more information about the Summer Reading Program or to register for weekly events, call Telephone Reference at 479-4636, stop by any library branch, or visit the Lee County Library System website, www.leelibrary.net/summer.*

Play About The Old South To Open At Theater

On the heels of last year's runaway hit *Whatever Happened to Baby Jane: A Parody of the Horror*, the Laboratory Theater of Florida presents *Hush Up Sweet Charlotte* from June 1 to July 1.

The play opens at a plantation in the Old South where Charlotte Hollis, a southern belle whose only companion is her daffy but loyal maid, has been shunned by her community since the long-ago mysterious murder of her lover. Now the family home is about to be torn down, so she calls upon her cousin, Miriam, to help. It's sure to be a drag-tastic time with these divas in this campy parody of the 1964 horror movie *Hush Hush, Sweet Charlotte*.

Lab Theater's Artistic Director Annette Trossbach is directing this show. "*Hush* is an over-the-top, fun, parody of *Hush, Hush, Sweet Charlotte*, starring Bette Davis and Olivia de Havilland. Set in the decaying mansion in Louisiana, the play deals with lovely but ostracized Charlotte (played by Brian Linthicum), who is driven to the brink of madness as she struggles to save her family home. When Cousin Miriam (play by Randall Kenneth Jones) arrives to help, Charlotte and the whole situation spin dangerously out of control.

Linthicum, a Fort Myers resident, says, "Step aside Bette Davis, there's a new girl



From left, Heather McLemore Shaw, Danica Murray, Brian Linthicum, Alberto Gayoso, Randall Kenneth Jones, Sue Schaffel, Steven Coe and Char Loomis in town!"

Randall Kenneth Jones, from Marco Island, having starred as Baby Jane Hudson last year, added: "Sure, I want to wear pants on stage again! But how many actors get to step into the stilettos of Bette Davis and Olivia de Havilland? My only concern is Olivia filing a lawsuit against me for 'defamation' of a character? Olivia,

trust me, I love you."

Sue Schaffel, who splits her time between Naples and Washington DC, says: "My favorite line in the show is 'But Velma is -- well -- Velma.' Stepping into the shoes of the supreme talent of Agnes Moorehead, who played Velma in the film version, is a dream come true. *Hush Up Sweet Charlotte* will keep the audience laughing and hooting and hollering, all

while sitting on the edge of their seats in suspense. This is my first entry into the Florida theater scene, and what an initiation it is!"

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. Tickets are available at www.brownpapertickets.com or by calling the box office at 218-0481.*

Opens Auditions At Lab Theater On Sunday

The Laboratory Theater of Florida will be holding open auditions for its 2018-19 10th anniversary season on Sunday, May 27.

Actors will be seen on a first-come, first-seen basis. They should bring a resume with them and will be required to fill out an audition form. Actors should prepare a one- to two-minute comedic or dramatic monologue. Actors who are unable to attend auditions may send in a video audition to director@laboratorytheaterflorida.com or send a resume and headshot to The Laboratory Theater of Florida, attn: Casting, PO Box 334, Fort Myers, FL 33902.

Call-backs will be held in the first two weeks of June and will be by invitation only. Stipends will be offered to performers.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. For more information, visit www.laboratorytheaterflorida.com.*

Taste Of The Beach Winners

The Fort Myers Beach Chamber of Commerce hosted its 23rd annual Taste of the Beach on May 6.

The popular food festival held on Fort Myers Beach included approximately 16 restaurants plus promotional vendors and live music provided by Jo List and Friends.

Local restaurants served up samples of their best signature dishes available for purchase. They also competed for the top Taste of the Beach Award honors in several categories including Best Appetizer, Best Dessert, Best Meat Entree, Best Chicken Entree, Best Seafood Entree, People's Choice and Best Decorated Booth.

The winners included: Best Appetizer

– Castaway's Bar and Grill; Best Dessert – Fish-Tale Restaurant; Best Meat Entree – Sunset Beach Grill; Best Chicken Entree – Bongo's Beach Bar and Grill; Best Seafood Entree – Castaway's Bar and Grill; People's Choice – Nervous Nellie's; Best Decorated Booth – Nervous Nellie's.

Taste of the Beach also brought back the beloved Vendor Village that was centered around the always spirited Server Competition. The second runner-up server team was La Ola, the first runner-up server team was Doc Ford's Grill, and the winning server team was Yucatan Beach Stand. The Village featured local artisans and vendors of all kinds.

The Fort Myers Beach Chamber would like to thank everyone who attended the event, as well as our participating restaurants, sponsors, vendors and, of course, our volunteers who make all of our events possible.*

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OBITUARY



JAMES A. POSHEK II

James A . Poshek II (aka, Jaime, Monkey, Posh) of Estero passed away on May 16, 2018. He was born on July 15, 1962 in Chicago, Illinois. He is survived by his parents Patricia and James of Sanibel, his sister Kimberly of Naples and brother Kevin of Sanibel, and multiple aunts and many cousins. He is preceded in death by his brother Daniel. Jaime grew up in Ogden Dunes,

Indiana and summered on Donnell Lake, Michigan. He enjoyed skiing, sailing and fishing at both homes. He graduated from Portage High School where he was on the soccer and tennis teams and did a lot of graphic art for the school. Jaime graduated from Michigan State University with a BA in marketing. He was a member of the Delta Chi fraternity and the Michigan State soccer team. Upon graduation, he lived on Orchard Lake, Michigan for 15 years and worked for O/E Systems marketing IBM computers. Jaime then moved to Sanibel where he was in management at The Sanctuary Golf Club. He later moved to Estero to continue his career in computer marketing where he worked for Adknowledge for 13 years. He worked most recently for their Reach Mobi division. Jaime was an avid traveler, skier and gardener. He was a gifted artist and his art is displayed in homes and businesses across the country. He was a talented self taught chef and prepared creative and innovative meals for co-workers, family and friends. His sense of humor was broad and unique and his imitations and jokes brought laughter to many. Jaime was a special person with the desire to always be happy, optimistic and sure. He loved everyone and was a true and loyal friend to many people across the country. His passing is an enormous loss to his family and friends especially his

Delta Chi brothers that he has had enduring relationships with for over 30 years. Jaime taught us all to live life full and he will continue to be a light along the way. His first memorial will be held at St. Isabel Catholic Church, 3559 Sanibel-Captiva Road on Sanibel, on Friday, June 8 at 11 a.m. If you wish to make a memorial donation, please consider FISH of SanCap or St. Isabel Catholic Church.✱

Boys & Girls Clubs Fundraiser Sponsor Named

Scanlon Auto Group is once again the presenting sponsor for the 7th annual No-Limit Texas Hold ‘Em Tournament benefiting the Boys & Girls Clubs of Lee County. The poker tournament will take place at the Crowne Plaza Hotel on Thursday, June 14 from 5 to 10 p.m. It will include a cocktail reception with complimentary food and beer. Cash and prizes will be awarded. To register, visit www.bgclcpoker.org. Crowne Plaza Hotel is located at 13051 Bell Tower Drive within Bell Tower Shops in Fort Myers. For more information, call 433-2277 or visit www.scanlonauto.com.✱

Lutheran Church Raises \$43,000 For Two Charities

Gateway Trinity Lutheran Church’s recent seventh annual Charity Golf Tournament, held at Gateway Golf and Country Club on March 10, raised \$43,000 with 100 percent of the proceeds being split evenly between the Golisano Children’s Hospital of Southwest Florida and Community Cooperative. “The community response has once again been overwhelming this year as it has the last six years,” said Russ Reynolds, tournament director. “Our two deserving charities provide so much help and support to those who are less fortunate, and our success comes from the generous community of families and businesses that have donated more than \$215,000 during the last seven years.” Based on community support, last year, GTLC pledged to raise \$200,000 during the next five years to be split between the Golisano Children’s Hospital and Community Cooperative. The Golf Club at Gateway will host the eighth annual Charity Golf Tournament on March 9, 2019. Gateway Trinity Lutheran Church is a multi-generational community that offers ministry for all ages through youth programs. For more information, visit www.gtlc.org.✱

Churches/Temples
ALL FAITHS UNITARIAN CONGREGATION
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.
ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.
BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.
BETH SHILOH MESSIANIC SYNAGOGUE
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.
BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.
CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
CONGREGATIONAL
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.
COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.
CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.
CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.
FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.
FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.
FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.
FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.
IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.
KINGDOM LIFE
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.
NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.
NEW COVENANT EYES
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.
NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.
PEACE COMMUNITY
Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.
PEACE LUTHERAN
Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com. 437-2599.
REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.
SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.
ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.
TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.
THE NEW CHURCH
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.
UNITARIAN UNIVERSALIST
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.
UNITY OF FORT MYERS
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.
ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✱

CROW Case Of The Week:

Roseate Spoonbill

by Bob Petcher



The roseate spoonbill (*Platalea ajaja*) is a long-legged, medium-sized wading bird that has been called majestic and flamboyant – not necessarily in the same sentence.

The plumage of an immature spoonbill is a pale pink and becomes a brighter and more impressive pink color as it grows into an adult.

Roseate spoonbills sport an oddly shaped bill that resembles and works like a spoon. With it, they feed in shallow waters, walking forward slowly while swinging their heads from side to side. This sweeping action with their wide flat bills helps to sift muck and enables them to detect their next meal by feel. Once they detect the prey on their bill, they snap it closed, often swallowing the catch whole.

Interestingly, this social bird is only one of six species of spoonbills found in the world and the only one spotted in the Americas. Similar to balding men, they actually lose their feathers from the top of the head as they get older.

Roseate spoonbills are mostly found in coastal Florida, Texas and southwest Louisiana. They went through an early period of being endangered, but have made a comeback, including a 6.5-percent

increase in a recent 50-year span.

At CROW, a juvenile roseate spoonbill was admitted to the hospital from JN 'Ding' Darling National Wildlife Refuge with an injured wing. An intake exam and x-rays revealed the bird had a fractured right major metacarpal. The patient was taken into surgery a day after intake, and three cross pins were placed in the bone.

"The injury was a fracture of the major metacarpal bone, which is a bone towards the edge of the wing. The fracture was close to the carpus joint, which can make full healing difficult, but we were able to stabilize it with an external fixator," said Dr. Malka Spektor, CROW veterinary intern. "The surgery involved first realigning the bone, then drilling pins into the segments and connecting them with an external bar for stabilization."

A straw was placed across the pins, and methyl methacrylate glue was applied into the straw to maintain rigidity and support. This is known as an external fixator. Once in place, the pin placement and incision sites were covered in triple antibiotic ointment and bandaged. The wing was placed in a figure-8 wrap to immobilize the wing.

"The purpose for the cross pins and external fixator are to be able to align and stabilize the fracture. If we placed a pin into the bone, it would have involved the joint, which can prevent full healing in the long run," said Dr. Spektor. "The pins and fixator are a great option for stabilization of the fracture without causing too much trauma to the rest of the wing."

After a few days in the figure-8 bandage, the patient was switched to a body wrap, a move that produced less restriction in the wing area, said Dr.



Patient #18-1768 after undergoing surgery

photo by Brian Bohiman

Spektor.

"The pins will stay in until the bone builds a strong callus so it is stable on its own, which usually takes three to four weeks," she noted.

After two weeks at the clinic, the patient's condition is improving in a slow but sure fashion.

"The spoonbill is getting physical therapy every three days to prevent contracture of the wing while it is healing," added Dr. Spektor. "The spoonbill will likely be with us for at least a few more

weeks while we wait for the bone to heal, and for the patient to rebuild strength. The patient eats well, and seems to be doing well through the healing process so far."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Rainy Season Has Begun



by Capt.
Matt Mitchell

We now have had a low pressure weather system sit right on top of us for more than a week. It has brought rain daily coming both day or night. With

a lot more moisture funneling in lots of tropical moisture from the south, dodging rain has become part of the game if you want to get out and go fishing. These prevailing south winds did bring some higher than normal tides and some good mangrove and oyster bar redfish action. Catch-and-release snook fishing in and around the passes is finally getting fired up, although tarpon fishing unfortunately has not been great most days this week due to gusty south winds that made locating fish tough if not impossible at times.

The upcoming full moon at the end of May traditionally marks the best time of year to catch snook and trout out on the beaches. These fish are now making that annual move out through the passes to the beaches, bringing anglers some of the most outstanding action of the year as they stack up in huge numbers to spawn. Dirty stirred-up water in the passes from all the rain is just what we have been waiting on for

our catch-and-release snook bite to go off. Target these snook in all the local passes until you work out which tide they are feeding better on. Pinfish and grunts are becoming the bait of choice now in the passes as we get closer to our summer months.

Fishing for the next few days will bring some challenging slow-to-no tide patterns. My go-to during lousy tides is to target the passes as these will be the only places that we may see at least a little water movement. Another option during bad tide days is to target channel markers with structure to catch both gag grouper and a few tripletail. During these slow tides, it's also possible to fish the rocky structure in our deeper passes as you can hold the boat right on top of it. Although gag grouper season is closed, these hard-hitting fish are still a challenge to catch. Use just enough weight to get a live pinfish to the bottom and try to fish straight up and down to increase your chances of getting them away from the structure.

If we do get a few calmer wind days, it should still be relatively easy to locate tarpon both out along the beaches and in the sound. Weather is the biggest factor in this fishery as options get less and less the harder the wind blows. While running and covering lots of water this week, I did manage to locate some rolling tarpon in the middle and northern sound, but we were unsuccessful in getting them to take bait even though they rolled and circled our live crabs several times. Once you do find tarpon, that's half the battle, the other half is getting them to bite. Some days they do it, some days they just



Dr. Dan from Sanibel with a quality snook caught while fishing with Capt. Matt Mitchell this week photo provided

don't.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James

City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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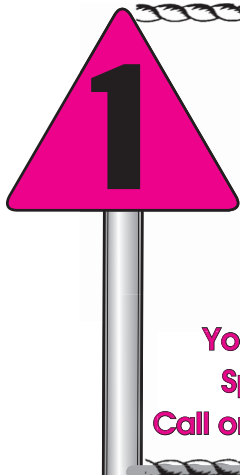
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Dave Doane

Eden Oak Preserve Hearing Postponed

by Jeff Lysiak

When more than 100 people visited the Lee County Hearing Examiner's office last Friday morning to voice their opposition to a major residential development located off Shell Point Boulevard in South Fort Myers, those attending the hearing expected an opportunity to have their voices heard. However, before any public comment was allowed, Hearing Examiner Laura Bellflower announced that the applicant for Eden Oak Preserve – the Ontario, Canada-based Eden Oak, LLC – had requested a continuance of the hearing, which was granted.

The new hearing date for the Eden Oak Preserve application is Tuesday, September 25. It will be held at the office of the Lee County Hearing Examiner, located in Room 218 (second floor) of 1800 Monroe Street in Fort Myers. The hearing will begin at 9 a.m.

The project, which has been in the works for the past six years, has come under heavy scrutiny and opposition by environmental activists and local residents alike due to many reasons. Most notable are plans to construct the 55 single-family home development on 36 acres of land currently designated coastal mangrove wetlands; the development would also include 55 boat slips in mangrove habitat which provides public protection from storm surges, flooding and designated critical habitat used by several endangered and listed species.

According to Rae Ann Wessel, natural resource policy director for the Sanibel-Captiva Conservation Foundation (SCCF), development on this property has been proposed and appropriately rejected repeatedly over the past 40 years beginning with The Estuaries development in the 1970s.

"We've been fighting it since 2012," said Wessel. "The original plan called for 171 boat slips. The marina, clubhouse, multi-family and all but four single family units have been eliminated from the east side of Shell Point Boulevard. But this is all critical wetland habitat. Why in this day and age, with concerns about sea level rise, would we want to put people in a wetland zone like this?"

On May 4, the Lee County Department of Community Development submitted its staff report recommending denial of the rezoning application. "Regardless of the density proposed by the request, the request is inconsistent with Lee Plan goals, objectives and policies intended to limit density within the Coastal High Hazard Area," the report reads, in part. "Moreover, the request, if approved, will adversely impact environmentally critical and sensitive areas and natural resources."

In addition to concerns about habitat loss for several marine species including the smalltooth sawfish, diamondback terrapin and manatees, birds like

mangrove cuckoos and American bald eagles would also be affected due to increased boat traffic.

Another concern is for public safety. Should Eden Oak Preserve be permitted to construct a major residential development off Shell Point Boulevard, traffic congestion for the lone evacuation route – affecting the residents of the retirement community along with people who live on Sanibel, Captiva and in South Fort Myers – could prove to be catastrophic.

"This area is in the evacuation zone for the most minimal of storms, so permitting additional development in wetlands in this flood prone region is in conflict with public safety," said Wessel. "Evacuation and flooding risks are substantial before the addition of the proposed additional units."

For additional information or to submit comments on the Eden Oak Preserve development, send an email to arodriguez4@leegov.com or rsweigert@leegov.com, call 533-8100 or write to Lee County Community Development & Zoning, 1500 Monroe Street, Fort Myers, FL 33901.✽

National Trails Day Hike June 2

Celebrate National Trails Day with a free guided hike at Pop Ash Creek Preserve on Saturday, June 2 at 8 a.m.

A certified master naturalist will lead the 90-minute, 1.5-mile hike at this Conservation 20/20 preserve to identify and discuss native plants, wildlife and birds. Participants will also have the opportunity to observe recent land management activities, including the removal and treatment of invasive and non-native plant species. Possible wildlife sightings include alligators, herons and the state-listed threatened Florida sandhill crane.

No registration is required. Suggested items to bring include water, hat, sunscreen and camera. Wear closed-toed shoes appropriate for hiking. The hiking path is not ADA-accessible.

Pop Ash Creek Preserve is located at 9451 Nalle Grade Road in North Fort Myers. For more information, visit www.Conservation2020.org or call 204-1125.✽

Daily Programs At Shell Museum

The Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road, offers daily Tank Talks at 11 a.m., 12:30, 2:30 and 4 p.m. Daily Shell Crafts are from noon to 3 p.m. (Shell Jewelry from 1 to 2:30 p.m. on Wednesdays). Included with museum admission, no reservations required. Schedule subject to change.

The museum also offers daily Beach Walks led by shell experts. For reservations and pricing, visit www.shellmuseum.org or call 395-2233.✽

Plant Smart

Golden Crownbeard



Golden crownbeard is a non-native wildflower of the aster family photos by Gerri Reaves
by Gerri Reaves

Golden crownbeard (*Verbesina encelioides*) is a common non-native wildflower that was once cultivated in Florida and has now become naturalized.

Many people consider it a weed, for it can be invasive. It's commonly found in disturbed areas and undeveloped lots, growing two to three feet high.

It is found in most of the continental U.S. and is a problem plant in Hawaii.

A member of the aster, or daisy, family, it is also called skunk daisy, cowpen daisy and butter daisy, the latter because of its rich yellow color.

It blooms mostly in spring and summer and is a nectar source for bees.

The composite flower heads, which can be up to a couple of inches across, appear on long branched hairy stalks.

Both the tiny disk flower and the

surrounding ray flowers are yellow, and the rays are three-toothed.

The ovate or somewhat triangular leaves are grayish green and hairy on the undersides. They are toothed and mostly opposite in arrangement.

This wildflower is a fast-grower and requires full sun.

Native American tribes in the southwestern U.S. use this plant as an emetic and to treat stomach and skin problems and spider bites.

It is toxic to some grazing animals such as sheep and goats, and it is deer resistant.

Sources: *Florida Ethnobotany* by Daniel F. Austin, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, www.regionalconservation.org, www.sagebud.com, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.✽

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'Ding' Darling & Doc Ford's Tarpon Tournament Results



The first place prize of \$13,185 went to Team Costa with Caloosahatchee Cowboy Charters for catching a day's total of six tarpon photos provided



Team Costa with Caloosahatchee Cowboy Charters Capt. Josh Constantine donned the winner's pink tarpon jacket, presented by Marty Harrity, back, from Doc Ford's, the tournament title sponsor



From left, volunteers Patty Sprankle, Jim Sprankle and Ann-Marie Wildman with DDWS Executive Director Birgie Miller at the captain's meeting on May 10



Team Doc Ford's took home the second place award of \$7,325



The team of European journalists returned this year, sponsored by the Lee County Visitor & Convention Bureau. Team Fish & Chips didn't catch any tarpon this year, but took home fifth place in 2015.



Winning Team Costa with Caloosahatchee Cowboy Charters pulls in one of its total of six for the day photo courtesy Lee County Visitor & Convention Bureau



From left, Trinette Nelson; Barb Cacchione; Marcia Feeney; Linda Coin, Decorating Den Interiors owner; Jim Bugg, Decorating Den Interiors corporate president and CEO; Katie Frederic; Jeanie Tinch; and Dana Coin, Decorating Den Interiors owner photo provided

Interior Design Professionals Honored

Linda and Dana Coin, owners of the Decorating Den Interiors, serving Sanibel, Captiva, Fort Myers and Cape Coral, were honored for business achievement and at the company's 49th annual conference and supplier market held recently in Orlando.

The Coins and their team received the prestigious Crystal Award for 2017 sales that put them among the top three in the United States. Also presented to the team was the Premier Club Award for cumulative multimillion dollar sales achievement.

Designer Trinette Nelson received the Director's Award for 2017 sales and the distinction of being named as one of the top five designers internationally.

"We've returned from conference with an extensive library of before and

after high resolution digital photographs featuring room makeovers from this year's Dream Room competition," said Linda Coin. "They are fabulous designs with interesting stories behind them, making for an ideal workshop or seminar program for organizations looking for a speaker for their meetings," she added.

Decorating Den Interiors' room makeovers have been featured in such publications as *Traditional Home*, *Elle Décor*, *Better Homes and Gardens*, *Veranda*, the prestigious Canadian publication *Arabella*, among others.

"As North America's largest interior design and home furnishings franchise company, we offer our clients fine furniture, case goods, accessories, lighting, floor and wall coverings, draperies and other hard and soft window treatments from our LIVV Home Collection of furnishings," Coin said. "We bring samples directly to the client's home or office, provide complimentary design services and personally oversee projects through installation."✱

while you are on vacation.

"This is another step in the development of our website to make it more useful and user friendly for the citizens of Fort Myers," said Lt. William Musante, supervisor of support systems for the department.

To qualify for the service, the home address must be within the city limits, and the owner needs to supply basic information regarding address, personal contact information, emergency contacts, departure and return dates and other miscellaneous information. Police checks will be made on an as available basis by patrol officers, and the service is offered free of charge.✱

Requests For Vacation Checks Now Available

Homeowners within the City of Fort Myers can now request a vacation security check by the Fort Myers Police Department while out of town. Visit www.fmpolice.com to find and fill out a form. The "Request a Vacation Check" page can be accessed in the "How Do I..." tab. Fill out the application and members of the Fort Myers Police Department will check on your home

County Schedule For Memorial Day

Most Lee County administrative operations will be closed Monday, May 28, in observance of Memorial Day.

The holiday schedule adjustments:

Solid Waste – All garbage, recycling and yard waste collections in unincorporated Lee County, the City of Bonita Springs and the Town of Fort Myers Beach will take place one day after the regularly scheduled collection day for the entire week beginning May 28. This means that if your regular collection day is Monday, the collection truck will pick up that material on Tuesday. Tuesday's regularly scheduled pickups will occur on Wednesday and so on, the rest of the week through Saturday. This schedule is in effect through Saturday, June 2. Regular collection resumes on Monday, June 4.

Lee County Solid Waste facilities and offices are closed on Monday, May 28. This includes the operation at the

Household Chemical Waste Collection Facility, 6441 Topaz Court, and the Resource Recovery Facility on Buckingham Road.

The Solid Waste Division urges all residents to recycle the plastic, metal and glass from your Memorial Day weekend activities.

Lee County Utilities – The office of Lee County Utilities will be closed on May 28.

Parks & Recreation – Parks, pools and preserves remain open on Monday, but offices and recreation centers are closed Monday and will reopen Tuesday, May 29.

Libraries – All library locations will be closed on Monday. Each branch will resume regular operating hours on Tuesday, May 29.

Animal Services – LCDAS at 5600 Banner Drive in Fort Myers will be closed for the holiday, but will resume regular business hours on Tuesday, May 29.

LeeTran – LeeTran will not run bus, trolley or paratransit service on the holiday. Service resumes Tuesday, May 29. The schedule can be found at www.rideleetran.com.✱

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Arthrex Founder Collects Honorary Doctorate

Arthrex Inc. President and Founder Reinhold Schmieding was awarded an honorary doctoral degree at Florida Gulf Coast University's spring commencement on May 6 as acknowledgement of his outstanding achievements in the healthcare product industry, the company's regional and global economic impact and its transformative support of FGCU programs, students and alumni.

The FGCU Board of Trustees (BOT) voted in April to award Schmieding a doctor of science degree "in recognition of his exceptional scientific innovations and contributions for benefit to the public good." The honorary doctorate is FGCU's highest academic recognition, and it has been awarded to seven other distinguished individuals since 1997.

"I have known Reinhold Schmieding personally and professionally for 15 years and believe him to be an exemplary leader in business and education advancement in Southwest Florida," said BOT Chairman Blake Gable, CEO of Barron Collier Companies. "His legacy will reflect the caliber of character of Florida Gulf Coast University."

Governor Rick Scott said, "I have had the great fortune to watch Arthrex grow in Florida thanks to the innovation and leadership of Reinhold Schmieding.



Arthrex Inc. President and Founder Reinhold Schmieding, center, receives his honorary doctoral degree from FGCU President Michael Martin, left, and FGCU Provost James Llorens.
photo by James Greco/FGCU

Reinhold and his company have created thousands of jobs for Floridians, and I am proud that this global company calls Southwest Florida home."

While saying he greatly appreciates the recognition from FGCU, Schmieding expressed his deep respect for those who have devoted years of study to earn doctoral degrees and acknowledged the synergy that exists between the university's and the company's missions.

"In parallel, we seek to make contributions in making people better and providing a stronger cultural and economic impact to our Southwest Florida community," he said. "Arthrex has a perpetual need for skilled employees as we continue to grow and invest in Southwest Florida. FGCU is a great resource in providing educated students seeking a career in the medical device industry and who wish to live and contribute to our community."

To those who supported Schmieding's nomination for the doctorate, noteworthy individuals themselves, he represents the embodiment of leadership, innovative thinking and community engagement that FGCU fosters:

Born into a family of physicians, Schmieding has led the development and marketing of more than 12,000 surgical orthopedic products and techniques and overseen more than 1,100 patents and patents pending that have enhanced quality of life for countless people around the world. Established in 1981 and headquartered in Naples since 1991, Arthrex started with two employees and rapidly grew into a worldwide leader in sports medicine, arthroscopic surgery and orthopedic surgical implant and device design and manufacturing. It now employs 3,000-plus in corporate and manufacturing operations, and 1,000 in worldwide subsidiaries across 13 countries.

In addition to employing more than 20 FGCU bioengineering graduates, Arthrex provides opportunities for undergraduates to complement their classroom learning with hands-on industry experience that helps ensure their success. The company also supports the university's outreach to the next generation of scholars in science, technology, engineering and mathematics by sponsoring annual programs such as the FGCU Coding Academy for elementary, middle and high school students.*

Distinguished Entrepreneur Awardees

Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University (FGCU) recently announced the winners of the 2018 Distinguished Entrepreneur of Southwest Florida Awards.

The FSBDC awards recognized three Southwest Florida small businesses for their innovation, advocacy and business growth: Distinguished Entrepreneur of Southwest Florida, Scott Fischer, owner of Scott Fischer Enterprises; Innovator of the Year, Jeff Poirier of AXI International; and Advocate of the Year, Amanda Jaron, owner of A.JARON Fine Jewelry. An additional award presentation included the William O. Webb award, which was presented to Melody Augustin of The Makeup Mansion.

"We celebrate the business owners that took an idea, grew that idea into a business and created a positive impact on the economy in the Southwest Florida community," said Lois Knox, FSBDC regional director.

Fischer has worked in the motorsports industry since he was 15 and purchased his first motorcycle store in 1988. Fischer owns and operates Top Rocker Events and Top Rocker Field, an 18-acre event site. He is active



From left, John Greene, Kimberly Haskins, Scott and Mary Fischer with Taylor Loethen

photo provided

in the community, sitting on the boards for Junior Achievement of Southwest Florida, Blessings in a Backpack, Cypress Lake Country Club and Tamiami Angel Fund. As a visionary-philanthropist, Fischer supports and mentors startups, incubators and accelerators with strategic, operational and business planning.

Poirier has developed a myriad of new products and systems to

facilitate Intelligent Fuel Management solutions. A graduate of the University of Maine with a master's degree in mechanical engineering, he also holds an MBA from Davenport University. Poirier specializes in the following engineering topics: optimization techniques, numerical methods, fluid flow control, finite element method, 3D CAD Development and robotic controls. From new green technology

to complete fuel management solutions, he has led his team to many significant advancements in the fuel industry.

Jaron is a fashion/jewelry designer, businesswoman and philanthropist, who has won numerous awards for her designs and charitable contributions. She is best known for her signature Bling Over fine jewelry make-overs that take old/outdated designer jewels and repurpose them over into shiny new pieces that can wear every day. Her charitable collection, A JARON Cares, has sold thousands of \$99 rings to support Southwest Florida children in need for the past 10 years. Jaron's Glitter Foundation, Inc. supports Art Education & Art Therapy for children in Southwest Florida.*

Continental Women's Club

The Continental Women's Club will hold its monthly meetings at The Hideaway Country Club on Thursday, June 7 at 11:30 a.m.

Bryan Kaczmarek, interpretive coordinator at Lover's Key State Park, will be the guest speaker and his presentation will be on sea turtles. Cost to attend the luncheon is \$22.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call 691-7561 for more information.*

Shell Point Recognized For 50 Years

The Lee County Board of Commissioners recently recently recognized Shell Point Retirement Community with an official proclamation, honoring its 50 years of leadership in the senior living industry.

Founded in 1968 by The Christian and Missionary Alliance, Shell Point is a nonprofit continuing care retirement community that offers independent retirement living, assisted living and skilled nursing to senior adults in an active, resort-style environment located in Fort Myers along the Caloosahatchee near Sanibel.

"This recognition is an opportunity for the county to recognize somebody that stands out in the community, and Shell Point has stood out in the community for several decades here in Southwest Florida," said Chairman Cecil Pendergrass. "The quality of life they provide for their residents is unbelievable."

County Commissioner Larry Kiker's reading of the proclamation highlighted Shell Point's numerous awards earned and the prestigious national attention that has brought positive recognition to Lee County and to the senior living industry. He also commended the level of quality and excellence Shell Point has demonstrated for the past 50 years.

The resolution underscored Shell



Representing Shell Point are, back from left, residents Richard Uhleman, Jim Rudolph, David King and Peter Nanfelt; middle from left, residents Dona Ferrell, Susan Uhleman, Dottie Rudolph, Sara King, Lynne Castellano and Cathy Miskell; from from left, Adam Hinds, senior director of operations; Karen Anderson, vice president of human resources; Tim Lochridge, vice president of finance; Shell Point President Martin Schappell; Joe Smith, senior director of hospitality; Kelli Meyung, senior director of healthcare; Ronette Icsa, vice president of sales and marketing.

Point's ability to deliver a vibrant lifestyle to more than 2,400 residents, fulfilling opportunities for volunteer service, and numerous recreational and social pursuits. Shell Point was also praised for being one of the leading employers in Lee County with more than 1,100 employees and also for its commitment to conserving, enhancing and protecting the natural resources of its location along the Caloosahatchee River.

"As we celebrate our 50th anniversary year, it is a great honor for Shell Point to be recognized for its leadership and unwavering dedication to our residents and employees," said Shell Point President Martin Schappell. "We are grateful to the Lee County Board of Commissioners for this recognition and look forward to many more years of service here in Southwest Florida."*

Downtown Boat Ramp Closed For Repair

The downtown Fort Myers boat ramp has been closed for construction to begin on the Mainsail Development project approved by City Council on April 23. Public access will be available at the Oasis boat ramp, located at 2951 Frierson Street.

The Mainsail development will bring a new 243-room Autograph Collection hotel by Marriott plus a parking garage, amphitheater and renovated events center along with approximately 250 post-construction jobs to downtown Fort Myers.

Manhattan Construction is installing fencing this week, and utility work on the project is slated to start in June. "You'll be seeing more equipment move to the site as construction on the parking garage begins," said Saeed Kazemi, PE, city manager. "The city's return on investment on this project is estimated to be more than half a billion dollars, money that will go back into the local economy through job creation, increased tourism, additional tax and event center revenue, and future parking fees generated by the city-owned parking garage."

The project is expected to be completed in early 2020.*

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Financial Focus

Here's A Checklist For Changing Jobs



by Jennifer Basey

A few generations ago, it was not uncommon for workers to stick with a single job for their whole careers. But for many of us today, frequent job changes are a fact of life: The average

employee tenure is just over four years, according to the Bureau of Labor Statistics. So, assuming you're going to switch jobs a few times, you'll want to be prepared. Here's a checklist of things you can do to smooth these transitions and help your financial situation:

Build an emergency fund. Some of your job changes may be involuntary, so you'll want to have a cash cushion handy – just in case. One smart move would be to build an emergency fund, containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account.

Consider your options for your former employer's 401(k) plan. If you had a 401(k) plan with your former employer, you have three main options: You could leave your money in the plan, if the employer allows it; you could move the money into your new employer's plan, if permitted; or you could roll the funds over to an IRA. You'll want to weigh the "pros" and "cons" of these choices carefully before making a decision.

Choose investments from your new retirement plan. If your new employer offers a 401(k) or similar plan, you'll need to choose the investments within the plan that are most appropriate for your goals, risk tolerance and time horizon. Contribute

as much as you can afford to the plan and consider increasing your contributions every time your salary goes up.

Make sure you've got health insurance. The health insurance offered by your new employer may not begin the minute you start your job. Given the high costs of medical care, you'll need to make sure you are protected until your coverage kicks in. So, for that interim period, you may need to consider the federal health insurance marketplace, COBRA continuation coverage or private medical insurance. You might also be eligible to be covered under your spouse's health insurance. And you may want to learn what your options are for health savings accounts (HSAs), if available.

Review your new benefits package – and take steps to fill gaps. Your new benefits package may include life and disability insurance, but these group policies may not be enough to fully protect you and your family. A financial professional can help you quantify your protection and insurance needs and offer guidance on how much coverage you may require.

Understand your income tax considerations. Getting a new job may involve income tax implications, such as changes in your tax bracket, severance pay, unused vacation and unemployment compensation. And if you are thinking of exercising stock options, be aware that this, too, can be a taxable event. Finally, if you have to move to take a new job, you may incur some relocation and job hunting expenses that could be deductible. You will need to discuss all these issues with your tax professional.

Starting a new job can be exciting – and challenging. But you may be able to make your life easier by putting the above suggestions to work.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✴

FPRA Hosts Annual Media Breakfast

The Florida Public Relations Association (FPRA) Southwest Florida Chapter will hold its annual Media Breakfast E-mEdia brEakfast - Expectations, Ethics & Engagement at the Holiday Inn Airport at Town Center on Tuesday, June 5 from 7:30 to 10:30 a.m. A panel of experts from print and digital media and radio will discuss an evolving market impacted by politics, economy, technology, demographics and more.

The media panelists for the breakfast are: John Gable, co-founder and chief executive officer of AllSides; Julie Glenn, interim news director and Gulf Coast Live host at WGPU (our local NPR affiliate); and Theresa Collington, representing the Poynter Institute for Media Studies. As a past FPRA SWFL president and the chapter's 2017 PR Professional of the Year, Jessica Walker, MA, APR, CPRC, marketing and public relations manager for Markham Norton

Mosteller Wright & Co. will serve as the event's master of ceremonies.

This year's event will explore the impact of politics, economy, technology, demographics and ethics with a traditional panel of regional and national media representatives. The expert panelists will discuss the challenges and opportunities of 2018 as it relates to media relations for public relations professionals. This event will be of value to communication professionals, students, businesses, nonprofits and anyone wanting to gain insight and tips into how to conduct public relations and media relations in this evolving market.

Cost for attending the presentation and breakfast is \$40 for members, \$50 for non-members and \$20 for students. Guests must RSVP online by Friday, June 1 at fpraswfl.org.

Sponsorships for this event are available. For more information or to become a sponsor, contact Tiffany Whitaker at tiffany.whitaker@leehealth.org.

The Holiday Inn Airport at Town Center is located at 9931 Interstate Commerce Drive in Fort Myers. For more information, visit www.fpraswfl.org.✴

Superior Interiors

Light Up Your Life



by Jeanie Tinch

Proper lighting plays such an important part in the success of any design plan. I find that few of my clients truly think about the impact that lighting can have on the successful

completion of their design project.

Dining room chandeliers can be the design inspiration for the room itself. Here are a couple rules to ensure your chandelier is properly hung in your dining room. First rule is that the entire chandelier should be no wider than 12 inches less than the width of the table. Second, the bottom of the chandelier should be no lower than 30 inches above the tabletop, in a room with an 8-foot ceiling. Finally, if your ceiling is higher than that, raise the fixture three inches higher for each additional foot of ceiling height.

How about a chandelier placed in the master bath or powder room for that matter. A dramatic fixture adds another element of texture and drama in a bath setting.

Now let's talk a bit about bedroom lighting – and specifically task lighting. Matching lamps flanking the bed should be positioned at a proper height for evening

reading. An advantage of lamps positioned in this manner provides an effect of washing the walls with even lighting which can make a room appear larger.

The play of light can enhance a beautifully designed living room. Place a swivel task lamp between two side chairs. They are beautiful and practical and are not obtrusive to an overall design plan and furniture arrangement in a room. Table lamps are available in any size to balance the height of different end tables, providing just the right amount of task lighting to each side of a sofa. Recessed accent lighting is another excellent way to draw the eye up and add extra height to a room. A carefully integrated lighting plan can make a beautiful difference.

Kitchen lighting requires careful planning because there are so many options to consider. Pendant light is used to light areas such as a kitchen island. One option is three pendant lights designed to illuminate the island and the ceiling as well. The addition of a drum pendant light hung over the dinette table could make a design statement as well as illumination.

I'd really like to urge you to consider updating your lighting fixtures because they can help you dramatically change the way your home looks without a tremendous investment. And remember, you can make a room seem larger by washing its walls with even lighting, and conversely you can make a larger room feel smaller and cozier by lighting just a few areas with pools of light.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecaden.com.✴

Honors List Student

Kassidy Topliff of Fort Myers was recently named to the honors list at Graceland University in Lamoni, Iowa.✴

Dean's List Students

Fort Myers natives Shawn Foor and Kaitlyn Matter recently achieved the Dean's List at Belmont University in Nashville, Tennessee for the Spring 2018 semester.

Fort Myers native Christian Torres was recently named to the Spring 2018 Dean's List at Bob Jones University in Greenville, South Carolina. Torres is a sophomore business administration major.

Fort Myers native Daryon Smith was recently named to the Spring 2018 Dean's List at Berry College in Rome.✴

Student Receives Chemistry Award

Fort Myers native Whitman Wiggins recently received the American Chemical Society certificate in biochemistry at Wheaton College.✴

From page 1

Alliance Gallery

reality through a series of marker-based targets that will bring to life megalithic creatures, board games, asteroids and other images.

Featuring a total of 12 digital works, Augmented Reality is a virtually interactive, digital exhibition designed and curated by August Taylor, a sophomore student majoring in computer science with a focus in cyber security at Florida Polytechnic University. Taylor currently has over 20 industry certifications, most of which were achieved while at Dunbar High School's Microsoft Academy.

"From improving education to bringing art to life, augmented reality will no doubt be part of our future," said Taylor. "My hope is that this exhibition will display

some of the possible augmented reality implementations that we may see in our day-to-day lives in a future that is not so far off."

Taylor will be involved in the conversational tour through the gallery on June 9. The discussion will break down the complicated mechanics of augmented reality as well as educate patrons on how augmented reality will transform how you work, play, learn and connect with the world around you.

Receptions and gallery talks are open to the public and do not require tickets or reservations. While gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.✴

Book Review

The Great Alone



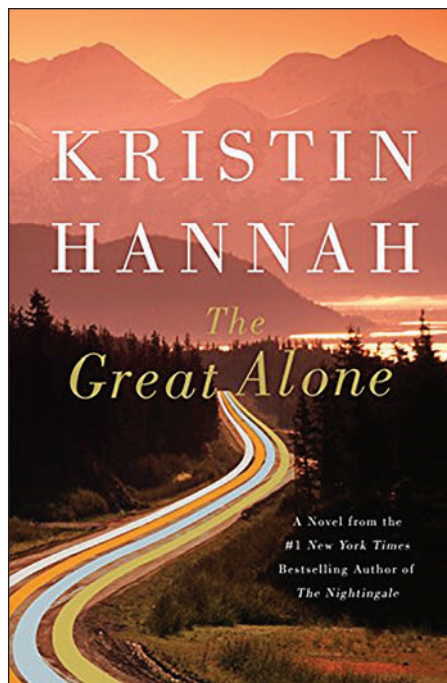
by Di Saggau

Alaska, in 1974 is unpredictable, unforgiving and untamed. In Kristin Hannah's new book *The Great Alone*, it's about a family in crisis and the ultimate test of survival. Ernt

Allbright, a former POW, came home from the Vietnam War a changed and volatile man. His daughter Leni barely recognized him. He was moody, distant and quick to anger. They moved again and again. Upon losing another job he decides to move his family north, to Alaska, where they will live off the land in America's last true frontier.

Ernt has inherited some land and a cabin from a war buddy. When he gets there, he liked the nothingness he saw, the vast emptiness. It was what he'd come for. His wife Cora and 13-year-old daughter Leni are not as pleased with the place but they make due in order to please Ernt. Leni is caught in the riptide of her parents' passionate, stormy relationship. She dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Cora, will do anything and go anywhere for the man she loves, even if it means following him into the unknown.

In a wild, remote corner of Alaska, they find a fiercely independent community of strong men and even stronger women. Large Marge becomes their close friend and protector and she's a strong character, a big, rough-looking woman who looked like she could fell a full-grown cedar tree and sling it over her shoulder and keep going. At first, Alaska seems to be the answer to the Allbright's prayers, but their lack of preparation and dwindling resources cause huge



problems. As winter approaches and darkness descends on the state, Ernt's fragile mental state deteriorates, and the family begins to break apart. In their small cabin, covered in snow, blanketed in 18 hours of night, Leni and her mother learn the terrible truth. They are on their own in the wild, with no one to save them but themselves.

The townsfolk say, in Alaska you can make one mistake. One. The second one will kill you. When Ernt starts bonding with Mad Earl, a white supremacist survivalist and nut-case, things start to escalate in a bad way. Another character, Tom Walker, the local rich guy, tries to help the Allbrights but it is not well received by Ernt. *The Great Alone* is a portrait of human frailty and resilience, the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska. It's a daring story about love and loss, the fight for survival, and the wildness that lives in both man and nature.✱

experiences – reading doesn't always need to feel like work.

Choosing books gets more complicated when kids are older and have developed more definite tastes – including, for some, an established aversion to reading. Recommendations from librarians can still be helpful here, since they see a wide range of kids and know all the resources the library provides. Remember, traditional stories aren't appealing for everyone. Lots of kids who avoid traditional books find that they enjoy reading comics, which still offers a solid reading experience. Graphic novels for kids like the hugely popular *Diary of a Wimpy Kid* series have converted many an indifferent reader. Books about computers, astronomy or wars will sometimes capture attention when a novel does not.

A great way to expose kids to books that are slightly outside their range is by reading more difficult books aloud. As a rule, it is good for kids to read things at their independent level and be read to at a higher level because it helps to build vocabulary and makes the listener a better reader. Learning and educational specialist Susan Schwartz says reading aloud is one of the best ways parents can help improve reading skills. "Never stop reading to your kids," Schwartz says. "You should read to your children every day, especially during the summer. Not only is it a fun, immersive experience for your child, it's also a learning one." Schwartz recommends *The Read-Aloud Handbook* by Jim Trelease as a great resource for parents looking for good stories that lend themselves to being read out loud.

So, whether you decide to practice

vocabulary or just join the library reading challenge, the most important role of the parent in summer reading is to be encouraging. Help your child have enjoyable, positive reading experiences, and you'll see her skills mastery and confidence grow.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

From page 1

Juried Exhibit

explaining how their pieces fit the theme. The most innovative, impactful and thematic pieces were chosen. Best in Show and SBDAC Pick will be announced at 8 p.m. on opening night. Participants at the opening exhibit can take part by voting for People's Choice by purchasing two votes for \$1. That award will be announced during the Sounds of Summer concert on June 22.

The exhibition will close on Tuesday, June 26 at 5 p.m. Admission is free.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Visit www.sbdac.com or call 333-1933 for more information.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, I'm concerned about my second grader losing her reading skills over the summer vacation. She worked so hard all school this year, and I don't want her to

regress. What are some fun ways to help her keep his reading skills?

Tammy D, Estero

Tammy,

You are wise to think about possible academic regression. Regression occurs with most children but they usually can recoup any lost skills within 12 weeks of the new school year's start. It's much better to avoid this regression by keeping your child engaged during her time off from school with activities that support the skills she has already learned. Summer

doesn't need to harm your child's progress, and it can even be an opportunity to gain more reading fluency and enthusiasm.

The first thing is kids need to keep reading during the summer, and there is easy access to books. During the school year, most of the books they read may be assigned for class. Summer gives kids the chance to choose books that are more "fun" and aligned with your child's interests. The library is always a good place to start looking for children's books. Many libraries keep lists of good books broken down by reading level to help guide you. Reading experts also suggest following the "five finger rule" when choosing books. Have your child open a book and read the first page. For every word he doesn't know, have him raise one finger. If he has more than five fingers raised at the end of the page, the book is probably too hard. Summer reading books shouldn't be so easy that they are boring, but they also shouldn't be so challenging that they frustrate a child. It is important for kids to experience the confidence that comes from succeeding with a book. The best part about summer reading is that it gives kids the opportunity to build up positive

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Female Pioneers
of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Pro Racing Driver Provides Lesson That It's Okay To Go Out On Top



by Ed Frank

For so many professional athletes, they abhor the thought of retiring when their careers near the end. Whether it's the money, ego or countless other reasons, so many attempt to prolong the inevitable, often to embarrassing conclusions. This is not the case, however, for Danica Patrick, one of the most famous professional athletes in the world, who, at just 36 years old, will climb into her bright green GoDaddy race car for the final time this Sunday for the 102nd running of the Indianapolis 500 Mile Race. There is little doubt that Patrick could remain a competitive driver in this male-dominated sport for years. But having proven success and broken records in various levels of racing, she is closing out this part of her professional life as her focus shifts to an entrepreneurial career.

She will start Sunday in her GoDaddy car in seventh position, having qualified at 228.090 miles per hour in her four-lap qualifying run, just a few ticks slower than pole sitter and teammate Ed Carpenter's time of 229.618 miles per hour. Twenty-six drivers qualified for this famous race at speeds slower than Patrick's. Her racing accomplishments fill pages, but among the highlights was her rookie year in 2005 at the Indy 500 when she stunned the world by leading 19 laps and finishing fourth, earning Rookie of the Year and becoming the first woman to lead laps and score a top-5 finish in the historic race. She made history again three years later when she became the first woman to win a major open-wheel race in the Indy Japan 300. In 2010, she moved to NASCAR racing where she continued to rewrite the history books. She broke records for the most top finishes of any female, with a total of seven

top 10s in the NASCAR Cup Series. Three years later, she transitioned to the Monster Energy NASCAR Cup Series and made headlines with her record-setting performance in the 55th Daytona 500 when she became the first woman to win a NASCAR Cup pole position, finishing in eighth place. Patrick is returning to the Indianapolis 500 for the first time since 2011, but she announced last November it will be the last race in her sterling career. She has moved into the world of business, launching a clothing line, authoring a fitness book and is the sole proprietor of a vineyard in California. And it doesn't hurt that she has been featured in numerous magazine covers, was named among *Time Magazine's* 100 Influential People and appeared in 13 GoDaddy Super Bowl commercials. Her net worth as of last June was \$60 million, according to Celebrity Net Worth. She is proving it is okay to go out on top – a lesson other athletes could learn from her. Finally, if you watch Sunday's Indy 500, don't be surprised if you see Green Bay Packers quarterback Aaron Rodgers nearby as the two have been in a relationship in recent months. **Florida Everblades Skate To League Finals** The Florida Everblades hockey team defeated the Adirondack Thunder four-game-to-one to win the ECHL Eastern Conference Championship and will face the winner of the Fort Wayne Komets-Colorado Eagles Western Conference series in the best-of-seven Kelly Cup Championship. Colorado was leading that series 3-2 early this week. It will be the first time the Everblades have reached the league championship series since 2012 when they won the title. Florida also won Eastern Conference Championships in 2003 and 2004. The Everblades defeated Adirondack all three games last week on the Thunder home ice, 3-2, 7-3 and 3-2. Interestingly, Tampa Bay of the National Hockey League was leading Washington three-games-to-two in search of a Stanley Cup title clash with the expansion Las Vegas Golden Knights as of Monday of this week. Should Tampa Bay win that fourth game, we will have two Florida hockey teams skating for league championships.✱

Semi-Pro Women Soccer Team To Open Season

The Florida Gulf Coast Dutch Lions FC semi-pro Women's Soccer Team will hold their season-opening games, complete with pre-game tailgating activities and games, at North Fort Myers Community Park during the weekend of June 2 and 3. Saturday's festivities will begin at 2 p.m. and the game will start at 4 p.m. Sunday's festivities – including 3v3 soccer games, flip cup, corn hole, a water balloon toss, a dunk tank, banner contest and food trucks – will begin at 11 a.m. and the game will start at 1 p.m. Tickets can be purchased at the door and are \$7.50 per person for both games. A portion of the proceeds will be given to The Florida Cancer Specialists Foundation, a non-profit organization providing non-medical financial assistance to adults undergoing cancer treatment in Florida. The Florida Gulf Coast Dutch Lions FC is a member of the Women's Premier Soccer League (WPSL), a national

women's soccer league in the United States and Puerto Rico. The WPSL is on the second level of women's soccer in the United States soccer pyramid, below National Women's Soccer League. The WPSL is the largest women's soccer league in the world. For more information, contact kcfitzge@gmail.com.✱

Reef Fish State For-Hire Program

The Florida Fish and Wildlife Conservation Commission (FWC) recently approved the creation of a Gulf Reef Fish State For-Hire program for 2018 and 2019. This program will enhance management efforts by requiring for-hire operations that target or harvest certain reef fish in Gulf of Mexico state waters (excluding Monroe County) to report their intention to harvest these species. The FWC also discussed gulf red snapper management, including the 40-day gulf recreational season (June 11 to July 20, 2018). For more information, visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational

Regulations" and "Snappers." For-hire operations that do not have a federal reef fish permit but target reef fish in state waters will need to sign up for the Gulf Reef Fish State For-Hire program before targeting any of the following species: red snapper, vermilion snapper, gag grouper, red grouper, black grouper, gray triggerfish, greater amberjack, lesser amberjack, banded

rudderfish and almaco jack. This effort is part of a fishery-management pilot program (also referred to as an exempted fishing permit) that allows the FWC to manage recreational red snapper harvest in gulf state and federal waters off Florida in 2018 and 2019. To share your comments or input on gulf red snapper, visit www.myfwc.com/saltwatercomments.✱

SPORTS QUIZ

1. Who was the first player to hit his 499th and 500th career home runs in the same game?
2. Name the player who led the American League in both doubles and triples in 1970. Hint: He played for the Minnesota Twins.
3. Who was the last running back before Matt Dayes in 2016 to rush for at least 1,000 yards in a season for North Carolina State?
4. Which was the last NBA team before Golden State in 2016 to have 47 assists in a game?
5. Who was the first American woman inducted into the Hockey Hall of Fame?
6. Name the last woman before Evgenia Medvedeva in 2017 to win back-to-back world figure skating singles titles.
7. Entering 2018, when was the last U.S. Open playoffs for men's golf?

ANSWERS

1. Albert Pujols did it with the Angels in 2014. 2. Cesar Tovar had 36 doubles and 13 triples that season. 3. T.A. McLendon, in 2002. 4. The Phoenix Suns, in 1991. 5. Cammi Granato, who was captain of the U.S. women's hockey team that won Olympic gold in 1998. 6. Michelle Kwan, in 2000-01. 7. It was 2008, when Tiger Woods beat Rocco Mediate.

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Nadege Borgat photos provided

FGCU Alumni Board Elects New Members

The Florida Gulf Coast University (FGCU) Alumni Association announced its new incoming board members for the 2018-20 term.

Michael Nachef, who has been a member of the board since 2012, will serve as chair-elect. He is the director of government relations at Lee Health.

Joining Nachef as officers of the board are Lisa Ray, outreach committee chair, and Ryan King, programming committee chair.

New board members are Nadege Borgat, Emmalyn Green, Doug Kollmer, Payton Mitchell, Isabela Mills McCabe, Shannon Pickett and Alicia Rosier Stevens.

Members returning for another term are Andrew Miller, Ryan Kowadla and Lauren Schuetz.

The FGCU Alumni Association is committed to building enduring relationships between alumni and the university community through enriching programs, pride, achievement and the encouragement of alumni involvement.

For more information, contact Kimberly Wallace, director of alumni relations, at 590-1087.✪

Free Breast Cancer Care For Eligible Residents

Partners for Breast Cancer Care, Inc. has recently expanded their no-cost breast care services to Lee, Collier, Charlotte, Hendry & Glades counties. PFBCC funds breast screening, diagnostic testing, surgery and treatment to uninsured, low-income women and men at no cost to them. The goal is to rule out or diagnose breast cancer for those who otherwise cannot afford it.

PFBCC is a 501(c)(3) non-profit organization that depends on grants, fundraisers and donations for the general public. The most recent fundraiser was the Human Pink Ribbon at Miramar.

Visit www.pfbcc.org or call 454-8583 for more information.✪



Douglas Kollmer



Alicia Rosier Stevens

FSW Student Accepted To MIT Program

Florida SouthWestern State College (FSW) student Elizabeth Swiersz is one of only 40 women to be accepted to the women's technology program in electrical engineering and computer science (WTP-EECS) held at Massachusetts Institute of Technology (MIT) this summer. There were 696 applicants nationally for those 40 coveted spots. The ones selected have demonstrated outstanding academic talent in math and science.

"I like problem-solving because it's very fulfilling to me," said Swiersz. "I'm very interested in either civil engineering or architecture."

Swiersz is a junior at FSW's Lee Collegiate High School, the only STEM accredited charter school in the state. She is also a full-time dual-enrolled student at FSW.

"It's wonderful to see Elizabeth take advantage of this opportunity," said Dr. Martin McClinton, dean, school of pure and applied sciences, FSW. "The goal of this program is to further encourage women to pursue careers in the math and science areas."

"We emphasize science and



Elizabeth Swiersz photo provided

engineering at the high school to all of our students," said Dr. Brian Botts, principal, FSW Collegiate High School, Lee. "Our students learn to conduct research, use technology, communicate and work collaboratively, and demonstrate critical and creative thinking. These skills, and others that students like Elizabeth learn, serves to help them take full advantages of opportunities like the WTP-EECS program."✪✪

Student To Study Abroad

Fort Myers native Taylor Floethe, who attends Belmont University in Nashville, Tennessee, is preparing to participate in one of 43 faculty-led Maymester and Summer Study Abroad experiences across the world.✪



THE AMERICAN LEGION
and
The River Weekly News
remember that
**FREEDOM
IS NOT FREE.**

MEMORIAL DAY

THE AMERICAN LEGION - VETERANS STILL SERVING AMERICA



Junior Achievement Celebrates Business Hall Of Fame Inductees

Junior Achievement of Southwest Florida recently inducted Pason Gaddis, co-founder and CEO of Florida Media Group, LLC, and Gary Griffin, PE, president and CEO of B & I Contractors, Inc., into the 2018 Business Hall of Fame, Lee County during a dinner and awards ceremony at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs. More than 500 local business professionals and students attended the event, which recognizes outstanding entrepreneurs who serve as role models for youth through their professional accomplishments and commitment to the community.✧



2018 Business Hall of Fame, Lee County laureates, Pason Gaddis and Gary Griffin
photos provided



Lynn Schneider and Melissa Vogt



From left, Kim Nyberg, Liz Aurensan, Pam Edwards and Susan Nasworthy



From left, Christin and David Collins, Angelo Vaughn and Sharon Torregrossa



From left, Richard Durnwald, Bill Valenti and William Blevins



From left, Steven Pontius, Tom and Linda Uhler, Geoff and Robbie Roepstorff and Lou Pontius



From left, Chris Lopez, Brian Hamman and Melisa Giovannelli



More than 50 Junior Achievement students attended Junior Achievement of Southwest Florida's 2018 Business Hall of Fame, Lee County

Lee Health To Be Contracted For Medicaid Plan

Lee Health was recently notified by the Florida Agency for Health Care Administration (AHCA) of its intent to award a contract to a Lee Health affiliate, Best Care Assurance, LLC, to provide physical and behavioral health care services through Florida's Statewide Medicaid Managed Care (SMMC) Program.

In collaboration with Evolent Health, Best Care Assurance, LLC will launch and operate a managed medical assistance (MMA) plan to serve Medicaid beneficiaries in Region 8, which includes Lee, Collier, Charlotte, DeSoto, Glades, Hendry and Sarasota counties. The region covers more than 200,000 eligible beneficiaries in the MMA program. Pending regulatory approval and successful completion of readiness review, the five-year agreement is expected to commence between October 1 and January 1, 2019.

Most of Florida's Medicaid recipients receive their Medicaid services through the SMMC program, which includes the MMA program. Best Care Assurance's plan will serve eligible adult and other Medicaid beneficiaries through its MMA plan.

"By launching a Medicaid health plan, we have a tremendous opportunity to comprehensively meet the health care needs of the most underserved and vulnerable members of our community," said Lee Health Chief Population Health Officer John Chomeau. "The combination of Evolent's deep Medicaid and operational expertise and market-leading clinical programs, technology and health plan services will be critical to helping us deliver on our mission to improve the health of the communities we serve."

Evolent will provide health plan administration and operational services for Best Care Assurance's plan, including claims management, member and call center services and other critical services. In addition, Evolent will collaborate with the plan to deploy physician-led, evidence-based clinical programs and market-leading technology to drive high quality care, reduce cost and enhance the care experience for the

plan's Medicaid beneficiaries.

"We are proud to work with Lee Health to help transform health care in Southwest Florida and support the region's Medicaid beneficiaries," said Evolent Health Chief Executive Officer Frank Williams. "Lee Health is a market-leading health system in Florida nationally recognized for their clinical care. Lee Health also serves as a national example of a health system boldly driving the transition to value-based care to improve outcomes while lowering health care costs."

Lee Health is also a participant in the Center for Medicare and Medicaid Services' Next Generation ACO program for the 2018 performance year. Evolent supports Lee Health's Next Generation ACO, Best Care Collaborative, by delivering technology, analytics, clinical programs and shared learnings to drive higher quality, lower cost health care for Medicare beneficiaries.

Lee Health is a non-profit, community-owned integrated health care services organization and health care leader in Southwest Florida. Evolent Health is a company providing an integrated value-based care platform to the nation's leading health systems and physician organizations.✱

Chronic Disease Program

Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering It's All About You – a free research-based Chronic Disease Self-Management program at Cypress Point – Fort Myers for six weeks on Wednesdays beginning June 5 from 9 to 11:30 a.m.

Developed by Dr. Kate Lorig of Stanford University, the 2.5-hour program is designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

Cypress Point – Fort Myers is located at 6870 Alister Way in Fort Myers. For more information or to register, call 343-9264..✱

Local Navy Man Serves In Clinic Based in Japan

Cape Coral native Hospitalman Austin Hemenway is serving with U.S. Naval Hospital Yokosuka (USNH Yokosuka), Branch Health Clinic (BHC) Sasebo, operating out of Sasebo, Japan.

The 2015 Island Coast High School graduate is responsible for the prevention and treatment of disease and injury, assisting health care professionals in providing medical care to personnel, conducting preliminary physical examinations and maintaining treatment records. Hemenway is proud to serve in the Pacific and fondly recalls memories of Cape Coral.

"Coming to this small command, the lesson that really sticks out from back home is to keep your friends close," said Hemenway.

With more than 50 percent of the world's shipping tonnage and a third of the world's crude oil passing through the region, the United States has historic and enduring interests in this part of the world. The Navy's presence in Sasebo is part of that long-standing commitment, explained Navy officials.

BHC is a branch health clinic of USNH Yokosuka. Yokosuka and Sasebo together are the largest U.S. military treatment facilities on mainland Japan. Branch health annexes are located at Camp Fuji and Hario, while



Austin Hemenway photo provided

branch health clinics are located in Iwakuni, and Atsugi in mainland Japan; Chinhae, Korea on the southern tip of South Korea; and Diego Garcia in the Indian Ocean.

"You make a difference every day," said Deputy Commander, U.S. 7th Fleet Joey Dodgen. "We are the most prepared, highly trained and the most capable force in the Indo Pacific. Our carriers, amphibious assault ships, aircraft and most importantly, our people, are ready today to face regional challenges and lead our Navy's forces in this theater, just as the officers and

continued on page 31

JOINT DAMAGE?

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deaRPharmacist

Support Your Thyroid With Supplements



by Suzy Cohen, RPh

Dear Readers: Hopefully you realize that in order to look, feel and function your best as you age, it's imperative that you take good care of your thyroid gland because it plays a role in many

plaguishing symptoms from head to toe including hair loss, chronic fatigue, skin problems, insomnia and weight gain. The trouble is that lab tests lie and don't usually confirm what you're feeling. I had to find that out myself the hard way, and that's why I wrote *Thyroid Healthy*.

Ever since I dealt with a bout of hypothyroidism years ago, and healed myself completely, I've been a big advocate of supplements for thyroid support.

One quick thing, your T4 has to lose one iodine atom to form T3, that's what the numbers stand for. It's the T3 that works and helps energize you, burn off fat, grow pretty hair beautiful and improve memory. Converting that T4 to T3 is a big deal. All the T4 in the world won't cure hypothyroidism if you don't activate it to T3 and, to do that, you need certain cofactors and nutrients like the following:

Probiotics: You need probiotics to convert the T4 hormone you make (or take in the form of medication). As much as 20 percent of your inactive T4 is converted to T3 in your gut, if your digestion is working well. Unfortunately,

many of us have woefully inadequate gut health because we are lacking friendly bacteria.

Zinc: Zinc is critical for activating T4 to T3 in the liver and kidneys and it improves the function of specific enzymes (deiodinase) that activate thyroid hormone. Remember, you want to activate it by converting the T4 your gland spits out, into T3.

Selenium: Like zinc, this mineral is also needed for certain deiodinase enzymes which convert T4 to T3. Selenium is also needed to balance excess thyroid activity that may be caused by internal or external stressors.

Catalase: Hydrogen peroxide is sometimes high in people with thyroid disorders, so neutralizing it is important, especially if you have Hashimoto's. Catalase is as an antioxidant to reduce hydrogen peroxide that you make in your liver. It's extremely beneficial to your blood stream, to your thyroid and to all your organs. By the way catalase helps break down alcohol, that's why some people take it for hangovers, lol!

Hydrogen peroxide is a free radical that can take your body over. Hydrogen peroxide has been studied and it's implicated in oxidative stress disorders and many chronic illnesses.

Ashwagandha: This incredible herb stimulates production of both T4 and T3 in your body. It also nourishes your adrenal glands, so if you feel like you can't cope with stress, this is a wonderful botanical to consider. There's a longer version of this article waiting for you, after you sign up for my free newsletter at www.suzycohen.com

You can heal yourself. Truth is, I used to be a human doing, and I had to train myself to become a human being.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽✽

Doctor and Dietician

Keeping Your Brain Sharp



by Ross Hauser, MD
and Marion Hauser, MS, RD

The saying, "Use it or lose it!" actually holds true for the brain. To keep it sharp, the brain needs to be stretched and exercised. Physical exercise is great for both the body and the brain, as exercise nourishes both. Brain exercises, or "neurobics," are important to challenge your brain. We tend to get into routines and do things the same way over and over, but changing things up can help exercise the brain. Try taking a different route instead of the same one when driving to familiar places. Using all five senses can challenge and exercise the brain. For example, those who are right-handed can try to use the left hand for various activities. Smell, taste, touch, listen to and look at new things.

Choosing fresh, healthy foods and maintaining healthy weights are better for your brain. High cholesterol, elevated blood pressure and obesity all increase the risks of dementia. Engaging in exercise during midlife can significantly reduce the risks of dementia and cognitive impairment later in life. Increase your intake of fresh, real foods and colorful vegetables, and try to avoid fake, processed and sugary foods.

Exercise reshapes the brain. When we don't use our muscles, they atrophy. The brain is no different. Boost the health of brain cells, stimulate growth of new blood vessels in the brain and encourage new neuronal connections. When your kids and grandkids are playing video games, consider joining them for a few. You will learn something new and stimulate different areas of the brain. Why let kids have all the fun? Join them in some physical activity too, like taking a walk while enjoying the sights and sounds at the beach or along a beautiful local nature path.

Staying active both physically and mentally boosts brain function and keeps your brain sharp.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽✽

Boating Accident Stats Serve As Safety Reminders

With the release of the 2017 Boating Accident Statistical Report, the Florida Fish and Wildlife Conservation Commission (FWC) encourages boaters to focus on simple, effective steps that make boating safer.

"For 2017, the leading contributor to boating accidents was the operator's inattention or failure to maintain a proper lookout. It is critical for operators to be diligent in observing and being aware of what is going on around them," said Lt. Seth Wagner from the FWC's Boating and Waterways Section.

In 2017, 261 boating accidents involved collisions and 38 percent of all collisions were due to inattention or the operator failing to maintain a proper lookout.

"It's important that while out relaxing and enjoying Florida's beautiful waters, boaters remember to be safe," Wagner said.

Florida had 766 boating accidents in 2017, 52 more accidents than in 2016. However, there was no change in the number of fatalities. A total of 67 people lost their lives last year in boating accidents. Falls overboard have been the leading type of fatal accident since 2003, with drowning as the leading cause of death.

Eighty-one percent of these victims were not wearing a life jacket. Today's boaters can choose from several models of light and comfortable inflatable belt-pack or over-the-shoulder life jackets that can be worn while fishing or enjoying the sun. Boating accident statistics support an important message: "Life Jackets Save Lives."

To obtain a copy of the 2017 Boating Accident Statistical Report, visit www.myfwc.com/boating and select "Safety & Education" and "Boating Accidents."✽✽

From page 1

Artists Reception

Savannah College of Art and Design. He then returned to Fort Myers and began working in freelance illustration.

LeMay's freelance work has included children's book illustration, logo design, poster design and comic strip illustration. Soon after arriving back in Southwest Florida, he began working at a gallery in downtown Fort Myers. Being involved hands-on in the gallery scene inspired him to move in a different direction, and he began creating artwork targeted at galleries and exhibitions rather than web pages and magazines. Although his gallery work draws upon his background in illustration, it branches out into several different styles and techniques, a luxury not often afforded the freelance illustrator. It is this freedom that continues to inspire him to experiment and enjoy the process of making art.

ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com.✽✽



Lighthouse Island by Joe LeMay

image provided

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Mitchell And Lilac



Mitchell ID# A738385

Hello, my name is Mitchell. I am a 1-year-old male terrier mix who is a handsome little guy that loves to show off my ears for pictures as you can see. I am the perfect size for apartment or condo living. I have gone to events with our staff and volunteers so I have been around adults, kids, big dogs, small dogs – you name it!

My adoption fee is \$75.

Hi, I'm Lilac. I am a 1-year-old female domestic medium hair who is a beautiful cat that, as you



Lilac ID# A738725

can tell, gets along well with others. My adoption fee is just \$50. This includes spay, up-to-date vaccinations, rabies, county license and a 10-day health guarantee. That's a \$500 package. Another added bonus is all cats are adopt one and get a feline friend at no charge.

My adoption fee is \$50.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*

Haven on Earth Animal League

Paige And Nigel



Nigel

Hi there! I'm Nigel. I am a beautiful, 1-year-old, silver-smoke tabby boy. I'm told that my coloring is quite rare. I am a lap kitty that likes attention and am looking for a lap to call mine forever. I am currently living with a foster mom. I am up to date on all vaccines. My adoption fee is \$100.

Hello, my name is Paige. I am a beautiful, calico female kitty, not even 2-years old. I am very affectionate and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but



Paige

I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom. My adoption fee is \$75.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.*



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500

ARTS

Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	288-2535
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
SW Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38.....	239-332-1853
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter.....	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy.....	728-3743
Friendship Force Of SW FL.....	561-9164
Garden Club of Cape Coral.....	239-257-2654
Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE (National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Fort Myers Beach.....	765-4254 or 454-8090
Kiwanis Fort Myers Edison.....	694-1056
Kiwanis Fort Myers South.....	691-1405
Iona-McGregor.....	482-0869
Lions Club Fort Myers Beach.....	463-9738
Lions Club Fort Myers High Noon.....	466-4228
Lions Club Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
Organ Transplant Recipients of SW Florida.....	247-3073
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-7419
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Langford Kingston Home.....	239-334-2550
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Historical Society.....	939-4044
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

INTRO
TO POE

- ACROSS
1 Iraqis, e.g.
6 Yank's Civil War foe
9 "View of Toledo" artist
16 Road sign no.
19 — Haute, Indiana
20 Fruit eater in Genesis
21 "Naked" rodent
22 Byronic "before"
23 A second time
25 When you get there
27 Flat-topped rise
28 Choose to participate
30 Nosh, say
31 Like a desert
32 "Sister Wives" airer
34 Lots of
38 Greater than
40 President Nixon
44 Snatch
45 RV hookup gp.
46 Zilch
47 Love of Lennon
48 What jailbirds are behind
50 Color akin to navy
- 54 Pop singer Lovato
56 Journalist Paula
58 Dimwit
59 Lock plates
60 Cold, cloudy conditions, say
64 See 77-Across
65 Declaration at the door
66 Spock player
67 Has a printed price of
72 Secretive U.S. org.
73 "Since the subject has come up ..."
77 With
64-Across, of equal status
78 Olympic skater Witt
80 Packaging abbr.
81 Ugly beasts
83 Puppy's bite
84 "Seems suspect to me"
87 Dimwit
90 Singer with the 2001 hit "Thank You"
92 Kemo — (the Lone Ranger)
93 Simon or Diamond
94 Meditated on
- 98 Guitar great Lofgren
100 "Botch- —" (1952 hit song)
101 "What —!" ("He's the best!")
102 Balkan repub.
103 Shag, e.g.
105 Get flushed
107 Actor Michael of "Star Trek: The Next Generation"
108 Cowardly
112 Day, in Peru
113 Shed tears
115 Rap's "Dr."
116 Arsenal
118 Take apart
122 "Such is life"
126 One may seek respite
128 Family cat, e.g.
129 Stephen, French-style
130 & so forth
131 Huge name in insurance
132 Voting "yes"
133 Least lax
134 With
135-Across, poem whose first line is found among this puzzle's 11 longest answers
- 135 See 134-Across
DOWN
1 Quark locale
2 Actress Russo
3 Oval portions
4 Respiration
5 Briny deep
6 Lop a crop
7 Best Musical of 1980
8 Gentle
9 Kiwi relative
10 Trotted
11 Twilight, old-style
12 1995 Leslie Nielsen comedy
13 Long span
14 Avis offering
15 Other, in Peru
16 Restorations
17 Exchanged for the better?
18 Slippery sort
24 Flip out
26 Jail cell parts
29 Linguist Chomsky
33 Testing spot
35 Osaka sash
36 Off-limits
37 Slangy "OK"
39 Actress Charlotte and others
40 Tennis champ Andy
- 41 Notion about motion
42 Charges
43 Enticed
49 Aussie miss prez
51 Post-WWII
52 Fish-fowl link
53 "Yes, it's also included"
55 "— so sure!"
57 Put a label on
61 Second draft
62 Pull along
63 "Laughing" mammal
64 Greek letter
67 Guy keeping the peace
68 Smidgen
69 Refrain
70 Former
71 Grappled, in dialect
74 In the know
75 Amp (up)
76 Summers, in French
79 Painkillers
82 Fired thing
84 Altar words
85 Carpooling lane abbr.
86 Misleading sort
87 Apple debut of 2010
- 88 Person with a pet pooch
89 No longer fazed by
90 Editor's mark
91 Pin-ons worn by staffers
95 Not refined
96 East ender?
97 Repents of
99 — Lankan
104 Not stay dry
106 Queasiness
109 Norway's currency unit
110 Wails in lamentation
111 Performs, in the Bible
114 Virgil, e.g.
117 Indy 500, e.g.
119 Tube fan's punishment
120 Desert hill
121 "The Good Earth" wife
122 87-Down user's buy
123 Suffix with Seattle
124 Pewter part
125 In place
127 Lt. Tasha on "Star Trek: The Next Generation"

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King Crossword

- ACROSS
1 Gorilla
4 Lathers
9 Justice Dept. div.
12 Felon's flight
13 Violinist's stroke
14 Young chap
15 Shift back and forth
17 Work with
18 Have a bug
19 Texas city
21 Suppress the sound
24 Landlord's due
25 Web address
26 Finish
28 Nephew's sister
31 Author Bellow
33 — -tac-toe
35 Pharma-ceutical
36 Spritlike
38 "Bow-wow!"
40 Historic period
41 Pedicurist's target
43 Got away from
45 Supernatural spirit of Islam (Var.)
47 Existed
48 Regret
49 Confuses
54 Where — at
- 55 "— Grows in Brooklyn"
56 Singer Sumac
57 Dog or cat, usually
58 Dilutes
59 Menagerie
DOWN
1 TV alien
2 Chum
3 Ostrich's cousin
4 Vain
5 Rich
6 Lawyers' org.
7 Engine
8 Home of Volvos and
- 9 Discomposed
10 Low voice
11 Concept
16 Half- — (Starbucks option)
20 Oklahoma city
21 Clio or Erato
22 Caspian feeder
23 Most superficial
27 24 horas
29 Remedy
30 "Zounds!"
32 Friend of Dorothy
34 Guys with
- 37 Local, often
39 Fires
42 Cultivated land
44 Gls' entertainment org.
45 Faucet problem
46 Twine fiber
50 Spoon-bender Geller
51 End of the alphabet
52 Comedian
53 — Paulo, Brazil

MAGIC MAZE ● AROUND THE —

J J G D Z W T Q N K H D A X U
R P M J G E E D A X V S Q N K
I F D (WORLD) A X V T Q O M
J H F C A Y C O R N E R W U R
P N L J H F R D P B U Z X V T
R Q O M K I I K D Y G H F D B
N Z Y W V T C R C N A Q O N L
K W I N H A F D C O E M I T M
A Z O X R H O U S E L B A T O
W V U T S O R Q B L O C K O O
N M K D O O H R O B H G I E N

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bend
Circle
Clock
Corner
- Horn
House
League
Maypole
- Moon
Neighborhood
Table
Time
- Town
Track
World



"Now remember, your _____
is no reflection on your future with the
company."
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Snide
DUNKIN _____

Shield
ENDDEF _____

Secret
VECTOR _____

Brief
MORFIN _____

TODAY'S WORD

	8				7			3
	1	9	5			7		
3				6			9	8
	3		1					5
		4			8		6	
2				3		4		
9			8				4	
		1		2			3	7
7	2				5	9		

SUDOKU

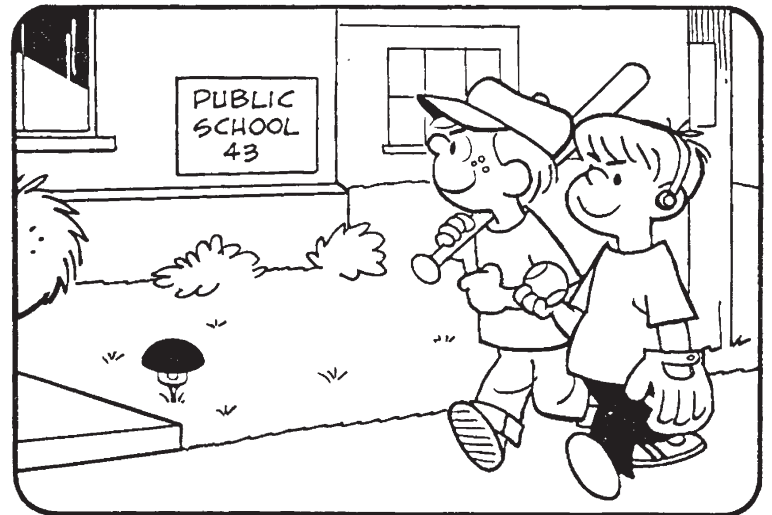
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

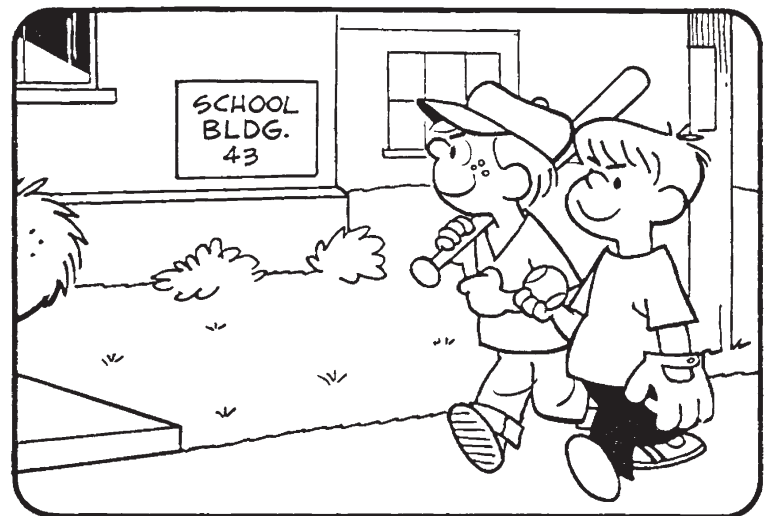
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Window is higher. 2. Sign is different. 3. Lawn light is missing. 4. Neckline is different. 5. Headset is missing. 6. Glove is different.



Watermelon Salad with Blueberries








1/2 watermelon, peeled
1 pint blueberries, rinsed
Cut peeled watermelon into 1-inch cubes. Place cubed watermelon on a platter and garnish with blueberries. Serve chilled.✽

Read us online at
IslandSunNews.com



Watermelon Salad with Blueberries

photo courtesy Fresh From Florida

 FRIDAY Cloudy High: 79 Low: 71	 SATURDAY Sunny High: 83 Low: 75	 SUNDAY Sunny High: 81 Low: 73	 MONDAY Sunny High: 83 Low: 75	 TUESDAY Sunny High: 84 Low: 76	 WEDNESDAY Sunny High: 83 Low: 75	 THURSDAY Sunny High: 85 Low: 77
--	--	--	--	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	11:22 am	4:29 am	None	5:44 pm	Fri	10:27 am	4:31 am	11:17 pm	5:46 pm	Fri	10:54 am	4:39 am	11:38 pm	5:22 pm	Fri	1:10 am	7:45 am	1:32 pm	9:00 pm
Sat	12:12 am	5:03 am	11:45 am	6:30 pm	Sat	10:50 am	5:05 am	None	6:32 pm	Sat	11:35 am	5:24 am	None	6:13 pm	Sat	2:22 am	8:19 am	1:55 pm	9:46 pm
Sun	1:13 am	5:32 am	12:08 pm	7:11 pm	Sun	12:18 am	5:34 am	11:13 am	7:13 pm	Sun	12:29 am	6:08 am	12:10 pm	6:59 pm	Sun	3:23 am	8:48 am	2:18 pm	10:27 pm
Mon	2:07 am	5:57 am	12:31 pm	7:48 pm	Mon	1:12 am	5:59 am	11:36 am	7:50 pm	Mon	1:11 am	6:49 am	12:40 pm	7:42 pm	Mon	4:17 am	9:13 am	2:41 pm	11:04 pm
Tue	2:56 am	6:20 am	12:55 pm	8:23 pm	Tue	2:01 am	6:22 am	12:00 pm	8:25 pm	Tue	1:50 am	7:27 am	1:06 pm	8:25 pm	Tue	5:06 am	9:36 am	3:05 pm	11:39 pm
Wed	3:41 am	6:42 am	1:22 pm	8:58 pm	Wed	2:46 am	6:44 am	12:27 pm	9:00 pm	Wed	2:31 am	8:03 am	1:27 pm	9:09 pm	Wed	5:51 am	9:58 am	3:32 pm	None
Thu	4:24 am	7:07 am	1:52 pm	9:35 pm	Thu	3:29 am	7:09 am	12:57 pm	9:37 pm	Thu	3:20 am	8:37 am	1:46 pm	9:51 pm	Thu	6:34 am	12:14 am	4:02 pm	10:23 am

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Financial Advisor

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• Stump Grinding

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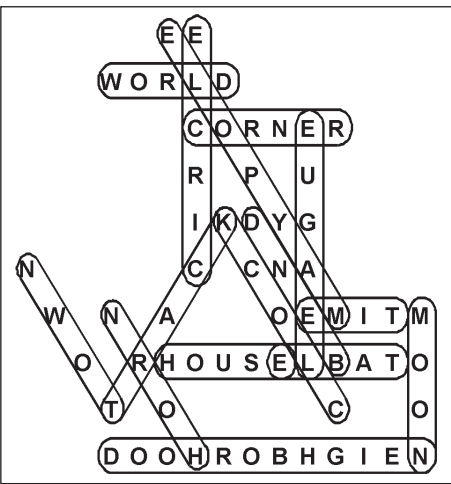
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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8	3	6	1	9	4	2	7	5
1	7	4	2	5	8	3	6	9
2	9	5	7	3	6	4	8	1
9	6	3	8	7	1	5	4	2
5	4	1	6	2	9	8	3	7
7	2	8	3	4	5	9	1	6

My Stars ★★★★★

FOR WEEK OF MAY 28, 2018

Aries (March 21 to April 19) Lots of possibilities begin to open up by midweek. Some seem more appealing than others. But wait for more facts to emerge later on before you consider which to choose.

Taurus (April 20 to May 20) Bravo to the determined Bovine. While others might give up, you continue to search for answers. Expect your Taurean tenacity to begin paying off by week's end.

Gemini (May 21 to June 20) You might want to consider stepping back from the task at hand for a while. This could help you get a better perspective on what you've done and what still needs to be done.

Cancer (June 21 to July 22) Your keen Cancerian insight should help you determine whether a new offer is solid or just more fluff 'n' stuff. The clues are all there waiting for you to find them.

Leo (July 23 to August 22) Being ignored is difficult for any proud Leo or Leona. But pushing yourself back into the spotlight might be unwise. Instead, let things work themselves out at their own pace.

Virgo (August 23 to September 22) Trying to uncover a colleague's secret under the pretext of showing concern is ill-advised. Control your curiosity to avoid raising resentment in the workplace.

Libra (September 23 to October 22) Expect to hear good news about a loved one. Also, be prepared for some changes in several family relationships that could develop from this lucky turn of events.

Scorpio (October 23 to November 21) Some surprises are expected to accompany a number of changes that will continue through part of next week. At least one could involve a romantic situation.

Sagittarius (November 22 to December 21) You might be upset by some of your critics. But most of your associates continue to have faith in your ability to get the job done, and done well.

Capricorn (December 22 to January 19) A workplace goal that suddenly seems out of reach is no problem for the sure-footed Goat, who moves steadily forward despite any obstacles placed in his or her way.

Aquarius (January 20 to February 18) Uncertainty about who is right and who

isn't might keep you from making a clear-cut decision. Wait until you know more about what you're being asked to decide.

Pisces (February 19 to March 20) Be careful to keep your emotions in check when dealing with a demanding personal situation. You need to set an example of strength for others to follow.

Born This Week: You have an extraordinary ability to rally people to do their best. You would be a treasure as a teacher.

THIS WEEK IN HISTORY

• On May 30, 1593, playwright Christopher Marlowe, 29, is killed in a tavern brawl. Marlowe, a compatriot of Shakespeare, was nearly denied his master's degree from Cambridge, until advisers to Queen Elizabeth intervened. Marlowe had been a spy for the Queen.

• On May 29, 1922, the U.S. Supreme Court rules that organized baseball does not violate antitrust laws as alleged by the Baltimore franchise of the defunct Federal League in 1915. The high court held that organized baseball is not a business, but a sport.

• On May 28, 1937, Volkswagen is founded in Wolfsburg, Germany. Adolf Hitler's pet project was the mass production of an affordable vehicle that could sell for less than 1,000 Reich marks (about \$140 at the time). The "People's Car" was based on Austrian automotive engineer Ferdinand Porsche's design.

• On June 3, 1956, authorities in Santa Cruz, California, announce a total ban on rock and roll at public gatherings, calling the music "detrimental to both the health and morals of our youth." A crowded dance party attended by 200 teenagers the previous evening led to the decision.

• On June 2, 1967, Capt. Howard Levy, 30, a dermatologist, is convicted by a court-martial of disobeying orders for refusing to instruct Green Beret medics on skin disease, calling it a "tool of political persuasion." Levy was sentenced to three years at hard labor.

• On June 1, 1990, President George H.W. Bush and Soviet leader Mikhail Gorbachev sign a historic agreement to end production of chemical weapons and begin the destruction of both nations' reserves.

• On May 31, 2005, W. Mark Felt's family ends 30 years of speculation, identifying the former FBI assistant director as "Deep Throat," the secret source who helped unravel the Watergate scandal that brought down President Richard Nixon.

STRANGE BUT TRUE

• It was noted wit Ambrose Bierce who made the following sage observation: "All are lunatics, but he who can analyze his delusion is called a philosopher."

• You might be surprised to learn that in January 2004, the Food and Drug Administration approved the use of maggots as a medical device for cleaning wounds.

• Presidential security was not always as formidable as it is today. In 1913, former President Theodore Roosevelt was walking down a Milwaukee street, heading to a speech he was scheduled to give. A man named John Schrank pulled out a gun and shot toward Roosevelt, who staggered but did not fall. There was no blood evident, and Roosevelt, who was campaigning for a second term, insisted on delivering his speech. When he pulled from a coat pocket the 100 pages on which his speech was written, he saw a bullet hole through the sheets of paper. Still determined to carry on, he gave his speech before going to the hospital, where it was discovered that the bullet had penetrated four inches into his body. After the perpetrator was arrested, it became evident that Schrank was insane; he claimed that President William McKinley had revealed to him in a dream that Roosevelt was responsible for McKinley's assassination. Schrank spent the next 32 years in an insane asylum.

• If you see a group of flamingoes together in one place, it might be handy to know that the appropriate collective noun is a "flamboyance."

• The instruments used by professional flute players are usually made from precious metals -- either sterling silver, 14-carat gold or platinum.

THOUGHT FOR THE DAY

"It is an ironic habit of human beings to run faster when we have lost our way." -- Rollo May

SCRAMBLERS

1. Unkind;
2. Defend;
3. Covert;
4. Inform

Today's Word
OFFICE

TRIVIA TEST

1. **Invention:** When was the nylon-bristle toothbrush invented?
2. **History:** By what other name was the French military leader Joan of Arc known?
3. **General Knowledge:** What color is the famous Hope Diamond?
4. **U.S. States:** What is the capital of Kansas?
5. **Television:** What was the theme song to the 1970s cop show "Baretta"?
6. **Bible:** Who are the only two angels to be directly named in the Bible?
7. **Geography:** What is the name of the main mountain range where Mount Everest is located?
8. **Medical:** What area of the body is affected by bursitis?
9. **Language:** What is an elision?
10. Entertainers: For what crime was actress Sophia Loren jailed in 1982?

TRIVIA ANSWERS

1. 1938, by Dupont 2. The Maid of Orleans 3. Blue 4. Topoka 5. "Keep Your Eye on the Sparrow" 6. Michael and Gabriel 7. The Himalayas 8. The joints 9. Omission of a sound or syllable 10. Tax evasion.

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

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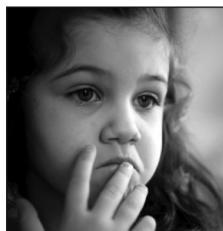
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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

Shore Fishing: Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from
the beach can be hard
on the fish. Dragging a
fish up onto the sand if you're
going to release it is not an
option as it usually damages or
kills the fish.

Hold the fish in the water
while you unhook it if you're
going to release it.

The less you can touch a
fish before release the better
for the fish.

If you want a picture with
the fish, support it as you lift

it out of the water – and do it
quickly.

Before releasing, revive
the fish while holding it in the
water; moving it slowly back
and forth so water goes over
its gills. The fish will let you
know when it's ready to swim
off.

Florida just recently
changed the regulations on
fishing from shore. Florida
residents as well as out of state
visitors need a fishing license
to fish from shore.

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Ward 3 Meeting

Fort Myers City Councilwoman Terolyn Watson will host a Ward 3 Community Meeting at the Dr. Carrie D. Robinson Center on Tuesday, June 5 at 6 p.m. All are welcome to attend.

The agenda includes information on Ward 3 projects and updates from the city manager, Fort Myers Police Department, Fort Myers Fire Department, City Public Works Department and the City Community Development Department.

Dr. Carrie D. Robinson Center is located at 2990 Edison Avenue in Fort Myers. For more information, contact Councilwoman Watson at twatson@cityftmyers.com or 321-7003.

From page 23

Navy Man

sailors of 7th Fleet have done for 75 years. So thank you for all that you do.”

The hospital provides all medical, dental, and emergency services. BHC Sasebo strives to be the premier provider of healthcare to active duty forces and their families in the Indo-Asia-Pacific region through Joint Partnerships.

“I like the fact that I am in Japan,” said Hemenway. “It is a polar opposite experience that I get to say I have done.”

Hemenway is also proud of making sailor in the spotlight for working as a dental technician. As a member of one of the U.S. Navy’s most relied-upon assets, Hemenway and other sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nation needs.

“Serving in the Navy means being able to be more tolerant,” said Hemenway. “It is a really good experience and it feels good knowing that you serve in the military.”

Seventh Fleet, which is celebrating its 75th year in 2018, spans more than 124 million square kilometers, stretching from the International Date Line to the India/Pakistan border; and from the Kuril Islands in the North to the Antarctic in the South. Seventh Fleet’s area of operation encompasses 36 maritime countries and 50 percent

of the world’s population with between 50 to 70 U.S. ships and submarines, 140 aircraft, and approximately 20,000 sailors in the 7th Fleet.

Tips From LCEC Beat The Heat

Summer may not start until the end of June, but it is already feeling toasty in sunny Southwest Florida. LCEC reminds customers of simple ways to beat the heat while keeping energy costs cool:

When cooling your home, set the thermostat at 78 degrees Fahrenheit. Each degree below adds 8 to 12 percent to the cooling costs.

While away from home for more

than two hours, set the thermostat at 83 degrees Fahrenheit.

Install a programmable thermostat that will automatically raise and lower the temperature at certain times of the day.

Be sure your thermostat fan switch is set on the “auto” setting. This is more economical for temperature and humidity control.

Do not close A/C vents or interior doors when A/C is running.

Service your air conditioning system annually.

Change or clean filters monthly.

Turn off fans when the room is not occupied. Each continuously running fan costs approximately \$7 per month on your electric bill.

Run pool pumps for a maximum of 8 hours a day in the summer, and 6 hours

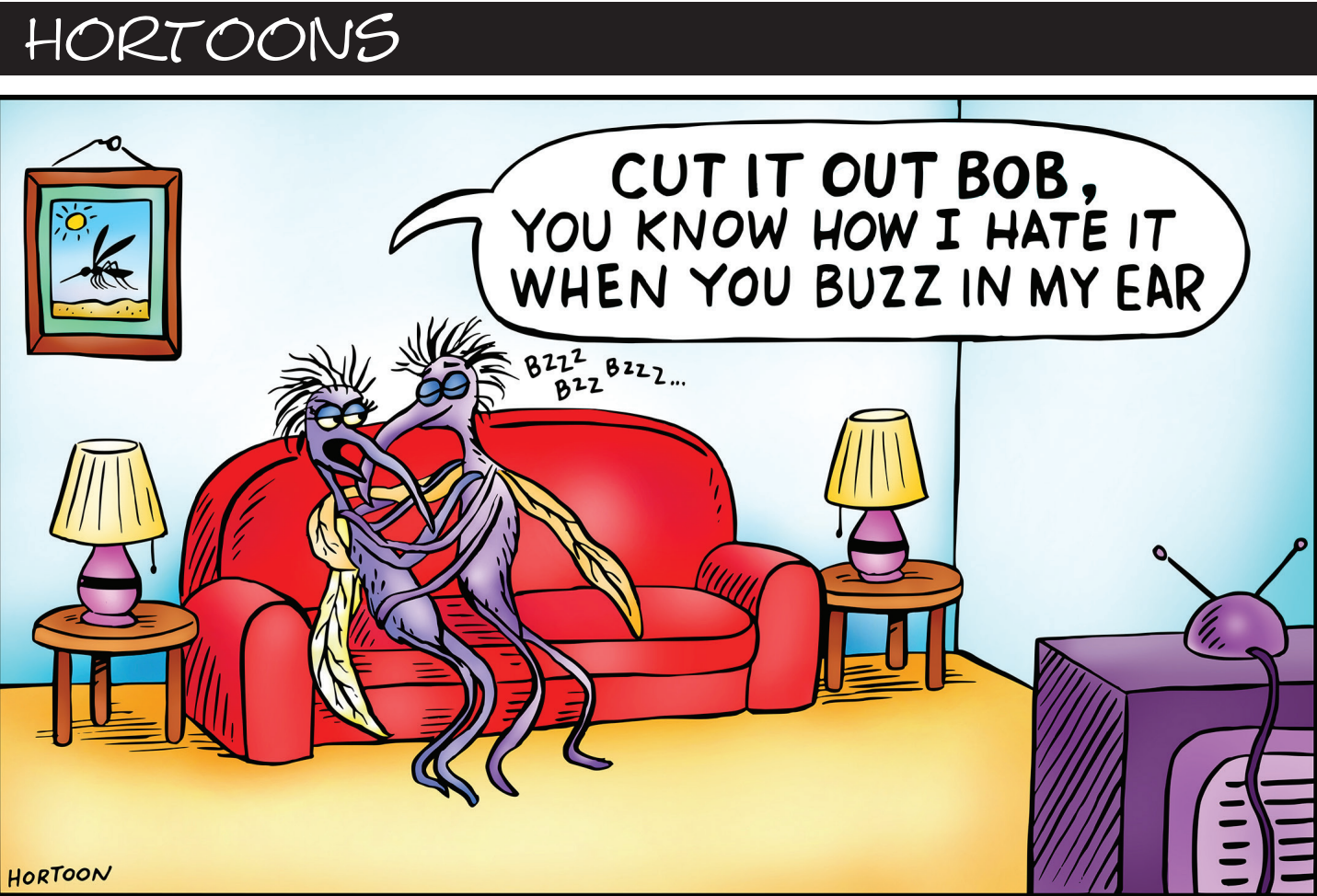
per day in the winter, unless you are heating the pool.

Install reflective window tint/film that will reflect 65 percent or better on windows facing east, west or south. LCEC also recommends installing awnings, storm shutters and planting shade trees.

Reduce water heating costs by installing a low-flow shower head, setting the water heater temperature to 120 degrees Fahrenheit, or installing a Heat Recovery Unit (HRU), which will heat water at no cost when the A/C is running.

Use a minimum of R-30 insulation in the ceiling/attic floor to save on heating and air conditioning costs.

For more ways to save, visit www.lcec.net.



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Edgewater	Fort Myers	1998	4,757	\$3,295,000	\$2,700,000	180
White Heron Subdivision	Sanibel	1988	4,352	\$2,499,000	\$2,499,000	112
Cape Coral	Cape Coral	2008	4,430	\$1,900,000	\$1,825,000	303
Creeside	Bonita Springs	1996	4,527	\$1,875,000	\$1,500,000	41
Sanctuary At Wulfert	Sanibel	2017	3,534	\$1,695,000	\$1,695,000	168
Southport On The Bay	Bonita Springs	2001	3,100	\$1,495,000	\$1,295,000	84
Palmetto Point	Fort Myers	1985	3,380	\$1,199,999	\$1,025,000	73
Kinzie Island	Sanibel	1991	3,018	\$1,195,000	\$1,118,000	60
Ridge	Bonita Springs	1999	4,149	\$1,175,000	\$975,000	411
Creeside	Bonita Springs	1995	3,718	\$1,150,000	\$1,120,000	12



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